



Southern Illinois

# COMMUNITY RESOURCE GUIDE

SIXTH EDITION 2025



arrowleaf®  
Growth. Community. Transformation.

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Suggestions or updates can be directed to Arrowleaf by calling 618-658-3079 or emailing [info@myarrowleaf.org](mailto:info@myarrowleaf.org)

# Illinois & National Hotlines/Helplines

Crisis hotlines and helplines addressing a range of services including, but not limited to, substance use recovery, mental health crisis, domestic violence, local resources, gender and sexuality, and physical and emotional support.

## Addiction & Recovery

### **Al-Anon/Al-A-Teen**

Call: 1-800-344-2666  
845-339-5116

[www.al-anon.org](http://www.al-anon.org)  
[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

Offers hope and help to family and friends of individuals struggling with alcohol misuse. Provides information about local meetings and provides referrals.

### **Illinois Gambling Addiction Hotline**

Call: 1-800-GAMBLER  
(1-800-426-2537)  
Text: ILGAMB to 53342

This helpline is answered by experts 24/7. They can help determine whether you or someone you know has symptoms of a gambling problem. If treatment is needed, they can refer you to therapists near you.

### **Illinois Helpline for Opioids and Other Substances**

Call: 1-833-234-6343  
Press 1 for Opioid Line  
Text HELP to 833234  
[www.HelpLineIL.org](http://www.HelpLineIL.org)

If you or a loved one is struggling with substance use, talk with a Helpline Specialist about the treatment services best for you.

### **Illinois Tobacco Quitline**

Call: 1-866-784-8937  
[www.quityes.org](http://www.quityes.org)

A free resource for individuals wanting to quit tobacco or related products.

### **Nar-Anon/Nar-A-Teen**

Call: 1-800-477-6291  
[www.nar-anon.org](http://www.nar-anon.org)

Offers hope and help to family and friends of individuals struggling with substance misuse. Provides information about local meetings and provides referrals.

### **National Council on Problem Gambling**

Call: 1-800-522-4700  
Text: 1-800-522-4700

The network is a single national access point to local resources for those seeking help for a gambling problem. Help is available 24/7 and is 100% confidential.

### **The Partnership for Drug-Free Kids Helpline**

Call: 1-855-378-4373  
Text: CONNECT to 55753  
[www.drugfree.org](http://www.drugfree.org)

If you are having difficulty accessing support for your family, or a loved one struggling with addiction faces care or treatment challenges resulting from COVID-19 circumstances, specialists can guide you. Support is available in English and Spanish.

### **SAMHSA's National Helpline**

Call: 1-800-622-HELP  
(1-800-662-4357)  
[www.samhsa.gov](http://www.samhsa.gov)

A free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

## LGBTQIA+

### **LGBT National Hotlines**

**General Hotline:**  
1-888-843-4564  
**Youth (Under age of 25):**  
1-800-246-7743  
**Seniors (ages 50+):**  
1-800-234-7243  
[www.lgbthotline.org](http://www.lgbthotline.org)

A safe, confidential space where callers can speak on many different issues and concerns such as coming out issues, gender and/or sexuality identifies, relationship concerns, anxiety, suicide, and more.

### **National Coming Out Support Hotline**

Call: 1-888-OUT-LGBT  
1-888-688-5428  
[www.lgbthotline.org](http://www.lgbthotline.org)

Coming out can mean different things to different people. The LGBT National Coming out Hotline is there to provide you with that support. For some people, coming out can also include friends and family. But each person gets to make those choices in their own time.

### **Trans Lifeline**

Call: 877-565-8860  
[www.translifeline.org](http://www.translifeline.org)  
Peer support run by trans people, for trans & questioning callers.

### **The Trevor Project**

Call: 1-866-466-7386  
Text: START to 678678  
[www.thetrevorproject.org](http://www.thetrevorproject.org)

Offers hope and help to family and friends of individuals struggling with substance misuse. Provides information about local meetings and provides referrals.

# Illinois & National Hotlines/Helplines

Crisis hotlines and helplines addressing a range of services including, but not limited to, substance use recovery, mental health crisis, domestic violence, local resources, gender and sexuality, and physical and emotional support.

## Local Resources

### Dial 2-1-1

Call: 211

[www.211.org](http://www.211.org)

Assistance in finding food, paying for housing bills, accessing childcare, or other essential services.

### Disaster Distress Helpline

Call: 1-80-985-5990

Text: TalkWithUs to 66746

The Disaster Distress Helpline (DDH) provides crisis counseling and support for anyone in the U.S. experiencing distress or other behavioral health concerns related to any natural or human-caused disaster, including public health emergencies.

### Call4Calm TextLine

Text TALK to 55200 for English or HABLAR for Spanish

This service is free and available 24 hours a day, seven days a week for those struggling with stress related to the COVID-19 pandemic and need emotional support. You can also text keywords such as "unemployment", "food", or "shelter" and will receive information on how to navigate and access supports and services. If you seek assistance, you will remain anonymous and will provide only your first name and zip code, which enables the service to link you to a counselor in your area.



If you are in immediate need of assistance, please go to your nearest Emergency Room or dial 9-1-1 to be connected to local crisis response services.

## Mental Health

### Arrowleaf Crisis Hotline

Call: 1-618-658-2611

[www.myarrowleaf.org](http://www.myarrowleaf.org)

Available 24/7 throughout the southern 7 counties for adults and youth experiencing a psychiatric crisis (harm to self, others, and/or property). Includes youth with destabilizing factors, youth runaway, parental lock-out, and youth refusal to return home.

### CARES Line

Call: 1-800-345-9049

TTY: (773) 523-4504

If you or your child is a risk to themselves or others, having a mental health crisis, or if you would like a referral to services for children, youth, and families, call the 24 hour Crisis and Referral Entry Services (CARES) line to talk to a mental health professional.

### Crisis Text Line

Text HOME to 741741

[www.crisistextline.org](http://www.crisistextline.org)

For anyone in the US, anytime and for any crisis. A live, trained Crisis Counselor receives the text and responds, all from a secure online platform.

### Friends for Survival Suicide Loss Helpline

Call: (916) 392-0664

Call Toll-Free: 1-800-646-7322

[www.friendsforsurvival.org](http://www.friendsforsurvival.org)

Organized by and for survivors of those grieving a suicide death of a family member or friend. All staff and volunteers offering support have been directly impacted by a suicide death.

### Illinois Warm Line

Call: 866-359-7953

Not a crisis hotline, but for you or one of your family members having mental health and/or substance use challenges and would like to receive support by phone from Wellness Support Specialists.

### Military/Veterans Crisis Line

Call: 988 (Press 1)

Text: 838255

Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves.

### Suicide Prevention Line

Dial 9-8-8

[www.988lifeline.org](http://www.988lifeline.org)

The Lifeline provides 24/7, free and confidential support for people in distress, prevention, and crisis resources for you or your loved ones, and best practices for professionals.

# Illinois & National Hotlines/Helplines

Crisis hotlines and helplines addressing a range of services including, but not limited to, substance use recovery, mental health crisis, domestic violence, local resources, gender and sexuality, and physical and emotional support.

## Physical and Emotional Support

### **DCFS Child Abuse or Neglect Hotline**

Call: 800-25-ABUSE or 1 (800) 252-2873

[www.dcf.illinois.gov](http://www.dcf.illinois.gov)

Call if you suspect a child has been harmed/is at risk of being harmed by abuse or neglect.

### **Eating Disorders Helpline**

Call: 1 (888) 375-7767

[www.anad.org](http://www.anad.org)

Peer-led helpline providing support and referrals for individuals or loved ones of those experiencing an eating disorder.

### **Elder Abuse Hotline**

Call: 1-866-800-1409

To report abuse, neglect, and/or exploitation of an older person living in the community.

### **HIV/AIDS/Hepatitis C Nightline**

Call: 1-800-243-2437

Provides support for those diagnosed and their caregivers.

### **Illinois Poison Center**

Call: 1-800-222-1222

[www.illinoispoisoncenter.org](http://www.illinoispoisoncenter.org)

Call 24/7 to access trusted information and treatment advice on potentially harmful substances. Staffed by specifically trained medical experts.

### **National Parent Helpline**

Call: 855-427-2736

[nationalparentyouthhelpline.org](http://nationalparentyouthhelpline.org)

Being a parent is a critically important job, 24 hours a day. It's not always easy. Call to receive support from a trained advocate.

### **National Runaway Safeline**

Call: 1-800-RUNAWAY or 1-800-786-2929

[www.1800runaway.org](http://www.1800runaway.org)

If you are thinking of running from home, have a friend who has run away and needs help, or if you are a runaway and need someone to talk to or help returning home, call the Safeline, 24/7.

### **Overeaters Anonymous**

Call: 1 (505) 891-2664

[www.oa.org](http://www.oa.org)

A community of people who support each other in order to recover from compulsive eating and food behaviors.

## Domestic Violence and Sexual Assault

### **National Domestic Violence Hotline (RAINN)**

Call: 1-800-656-4673

[www.rainn.org](http://www.rainn.org)

The nation's largest organization fighting sexual violence. Also carries out programs to prevent sexual violence, help victims, and ensure that rapists are brought to justice. Available 24/7 for survivors who need support.

### **National Teen Dating Violence Hotline**

Call: 1-866-331-9474

Text: LOVEIS to 22522

[www.loveisrespect.org](http://www.loveisrespect.org)

Provides confidential support for teens, young adults, and their loved ones seeking help, resources, or information related to healthy relationships and dating abuse in the US.

### **Sexual Health Counseling & Referral Hotline**

Call: 1 (800) 258-4448

Text: PPNOW to 774363

Confidential, free hotline to connect with healthcare providers and educators to navigate sexual and reproductive health needs. Assists with identifying linkages and referrals to local services and providers.

### **The Survivor Empowerment Center**

Call: (800) 334-2094

[www.empoweringsurvivors.org](http://www.empoweringsurvivors.org)

Supporting survivors of violence and promoting a safer community. Confidential, free, and available 24/7 to women, men, adolescents, & children in Franklin, Gallatin, Jackson, Johnson, Perry, Saline, Williamson, and Union Counties.

### **Western Illinois Regional Council (WIRC)**

Call: 1 (309) 837-2997

[www.wirpc.org](http://www.wirpc.org)

Victim Services provides free and confidential services to survivors of domestic violence, sexual assault, stalking, child abuse, and all other forms of abuse.

### **Women's Health Helpline**

Call: 1-888-522-1282

Free and confidential resources available to all Illinois women with health-related questions.

# First Responders & Emergency Services

First Responders and Emergency Services serving the Southern Seven counties.

## Alexander County

### Alexander County Ambulance

226711 IL-3  
Olive Branch, IL 62969  
Phone: 618-776-5958

### Alexander County Sheriff

2000 Washington Ave.  
Cairo, IL 62914  
Phone: 618-734-2141

### Cairo Fire Department

1513 Washington Ave  
Cairo, IL 62914  
Phone: 618-734-1947

### Cairo Police Department

1501 Washington Ave.  
Cairo, IL 62914  
Phone: 618-734-2131

### Horseshoe Lake Fire Department

7045 IL-3  
Olive Branch, IL 62969  
Phone: 618-776-5175

### Tamms Fire Department

190 Railroad St  
Tamms, IL 62988  
Phone: 618-747-2141

## Massac County

### Brookport Fire Department Non-Emergency

108 W. 3rd St.  
Brookport, IL 62910  
Phone: 618-564-3928

### Brookport Police Department Non-Emergency

209 Ohio St.  
Brookport, IL 62910  
Phone: 618-564-3405

### Joppa Fire Department

115 Church St.  
Joppa, IL 62953  
Phone: 618-543-7320

## Hardin County

### Cave-in-Rock Fire Department

100 Canal St.  
Cave-in-Rock, IL 62931  
Phone: 618-289-3238

### Elizabethtown Fire Department

250 Walnut St  
Elizabethtown, IL 62931  
Phone: 618-287-2191

### Hardin County Ambulance

1 Postal Way  
Rosiclare, IL 62982  
Phone: 618-285-3930

### Hardin County General Hospital

6 Ferrell Rd.  
Rosiclare, IL 62982  
Phone: 618-285-6634

### Hardin County Police Dept.

226 Main St.  
Rosiclare, IL 62982  
Phone: 618-285-2000

### Rosiclare Fire Department

502 Pell St  
Rosiclare, IL 62982  
Phone: 618-285-3445

### Massac County Emergency Management Agency

1 Superman Square #1b  
Metropolis, IL 62960  
Phone: 618-524-2002

### Massac County Fire Department

2734 North Ave  
Metropolis, IL 62960  
Phone: 618-524-3200

### Massac County Sheriff's Dept.

515 Market St.  
Metropolis, IL 62960  
Phone: 618-524-2912

## Johnson County

### Cypress Fire Department

7790 Main St  
Cypress, IL 62923  
Phone: 618-657-2906

### Goreville Fire Department

105 W Collins St Ave  
Goreville, IL 62939  
Phone: 618-658-8264

### Goreville Police Department

105 W. Collins St.  
Goreville, IL 62939  
Phone: 618-995-2157

### Johnson County Ambulance

155 Industrial Dr  
Vienna, IL 62995  
Phone: 618-658-2131

### Johnson County Sheriff's Dept.

103 N. 6th St.  
Vienna, IL 62995  
Phone: 618-658-8264

### Vienna Fire Department

203 N 4th St  
Vienna, IL 62995  
Phone: 618-658-2341

### Vienna Police Dept./City Hall

205 N. 4th St.  
Vienna, IL 62995  
Phone: 618-658-8264  
City Hall: 618-658-7004

### Memorial Ambulance Service

1017 North Ave.  
Metropolis, IL 62960  
Phone: 618-524-2176

### Metropolis City Fire Department

213 W 7th St  
Metropolis, IL 62960  
Phone: (618) 524-2121

### Metropolis Police Department Non-Emergency

515 Market St.  
Metropolis, IL 62960  
Phone: 618-524-2912

# First Responders & Emergency Services

First Responders and Emergency Services serving the Southern Seven counties.

## Pope County

### Golconda Fire Department

118 N. Monroe St.  
P.O. Box 511  
Golconda, IL 62938  
Phone: 618-683-3341

### Pope County Ambulance

407 E. Main St.  
Golconda, IL 62938  
Phone: 618-683-2707

### Rural Pope County Fire Department

Eddyville Blacktop Rd.  
Eddyville, IL 62928  
Phone: 618-683-9525

### Pope County Sheriff's Dept.

216 E. Decatur St.  
P.O. Box 807  
Golconda, IL 62938  
Phone: 618-683-4321

## Pulaski County

### Karnak Fire Department

304 Washington St.  
Karnak, IL 62956  
Phone: 618-634-2223

### Mounds City Police

217 First St.  
Mounds City, IL 62963  
Phone: 618-745-9426

### Mounds Fire Department

215 1st St.  
Mounds, IL 62964  
Phone: 618-745-9516

### Olmsted Fire Department

200 N. Front St.  
Olmsted, IL 62970  
Phone: 618-742-6486

### Pulaski County Ambulance

75 Camo Clad Dr.  
Mounds, IL 62964  
Phone: 618-342-6209

### Pulaski County Sheriff's Dept.

500 Illinois Ave.  
Mounds City, IL 62963  
Phone: 618-748-9374

### Ullin Police Department

171 Railroad St.  
Ullin, IL 62992  
Phone: 618-845-3109

If you are in immediate need of assistance,  
please present to your nearest  
Emergency Room or dial 9-1-1 to be connected  
to local crisis response services.

## Union County

### Anna Fire Department Non-Emergency

101 E. Market St.  
Anna, IL 62906  
Phone: 618-833-2231

### Anna Police Department Non-Emergency

201 E. Vienna St.  
Anna, IL 62906  
Phone: 618-833-8571

### Cobden Fire Department

201 N. Appleknocker Drive  
Cobden, IL 62920  
Phone: 618-893-2425

### Dongola Fire Department

310 Old US Hwy 51 S  
Dongola, IL 62926  
Phone: 618-827-3420

### Emergency & Disaster Agency

116 Washington St. #100  
Anna, IL 62906  
Phone: 618-833-5742

### Jonesboro Fire Department

102 W Market St.  
Jonesboro, IL, 62952  
Phone: 618-833-9590

### State Police Headquarters

1154 Shawnee College Rd.  
Ullin, IL 62992  
Phone: 618-845-3740

### Union County Ambulance

301 W. Mississippi St.  
Jonesboro, IL 62952  
Phone: 618-833-2871

### Union County Hospital

517 N. Main St.  
Anna, IL 62906  
Phone: 618-833-4511

### Union County Sheriff's Office

309 W. Market St. Rm. 4  
Jonesboro, IL 62952  
Phone: 618-833-5500

### Wolf Lake Fire Department

4960 State Rte 3 N  
Wolf Lake, IL 62998  
Phone: 618-833-9501



# Public Health Departments

Public Health Departments offer immunizations/screenings, STD/HIV testing, public health education, family planning, and other general nursing services. Many offer Women, Infant, Children (WIC) and Head Start programs, including Southern 7 Health Department.

## Southern Seven Health Department Locations

### Alexander County

3014 Elm St.  
Cairo, IL 62914  
Phone: 618-734-4167

### Hardin County

IL Route 146, Bldg. 2  
PO Box 177  
Elizabethtown, IL 62931  
Phone: 618-285-6215

### Johnson County

513 1/2 E. Vine St.  
Vienna, IL 62995  
Phone: 618-658-5011

### Massac County

1230 Commercial Park Rd.  
Metropolis, IL 62960  
Phone: 618-524-2657

### Pope County

106 N. Market St.  
Golconda, IL 62938  
Phone: 618-683-8022

### Pulaski County

37 Rustic Campus Drive  
Building B  
Ullin, IL 62992  
Phone: 618-634-9405

### Union County

260 Lick Creek Rd.  
Anna, IL 62906  
Phone: 618-833-8561

### Visit Online:

[www.southern7.org](http://www.southern7.org)

## Additional Public Health Departments

### Franklin County

Bi-County Health Dept.  
403 Park St.  
Benton, IL 62812  
Phone: 618-439-0951  
[www.bicountyhealth.org](http://www.bicountyhealth.org)

### Gallatin County

Egyptian Health Department  
9525 Gold Hill Rd.  
Shawneetown, IL 62984  
Phone: 618-273-3326  
[www.egyptian.org](http://www.egyptian.org)

### Jackson County

Jackson County Health Dept.  
415 Health Department Rd.  
Murphysboro, IL 62966  
Phone: (618) 684-3143  
[www.jchdonline.org](http://www.jchdonline.org)

### Perry County

Perry County Health Dept.  
907 S Main St  
Pinckneyville, IL 62274  
Phone: 618-357-5371  
[www.perryhealth.net](http://www.perryhealth.net)

### Saline County

Egyptian Health Dept.  
1412 US Highway 45 N  
Eldorado, IL 62930  
Phone: 618-273-3326  
[www.egyptian.org](http://www.egyptian.org)

### White County

Egyptian Health Department  
1705 College Ave  
Carmi, IL 62821  
Phone: 618-382-7311  
[www.egyptian.org](http://www.egyptian.org)

### Williamson County

Bi-County Health Dept.  
8160 Express Dr.  
Marion, IL 62959  
Phone: 618-993-8111  
[www.bicountyhealth.org](http://www.bicountyhealth.org)

# HIV Prevention and Treatment

## Illinois HIV Care Connect

Enrolling in Illinois HIV Care Connect will enable you to receive the care and support you need while living with HIV. Improvements in treatment and access to care have enabled many people with HIV to live full, busy lives in good health. However, you still must receive lifelong treatment for HIV; otherwise, the condition may lead to serious complications, AIDS, or other illnesses. By consistently following your treatment regimen, you will also reduce the chances of passing the infection onto someone else.

## Southern Illinois Regional HIV Prevention Providers

### **The Community Action Place, Inc.**

Contact: Scott Fletcher  
1400 Wood Rd., Suite F  
Murphysboro, IL 62966  
or  
4503 W DeYoung St., Suite 10  
Marion, IL 62959  
Phone: 618-364-8053  
[www.tcapinc.org](http://www.tcapinc.org)

Services: Risk-Targeted HIV Testing; HIV Navigation Services; Harm Reduction; and Risk-Targeted Monthly Condom Distribution

### **Jackson County Health Department**

Contact: Paula Clark  
415 Health Department Rd.  
Murphysboro, IL 62966  
Phone: 618-684-3143 ext. 160  
[www.jchdonline.org](http://www.jchdonline.org)

Services: Sexual Health, STD testing services, surveillance-based services

### **Egyptian Health Department**

Contact: Jamie Byrd  
1412 US Highway 45 N  
Eldorado, IL 62930  
Phone: 618-273-3326  
ext. 2155  
[www.egyptian.org](http://www.egyptian.org)

Services: Targeted HIV Testing; Surveillance-Based Services (Regional Lead); HIV Navigation Services; Risk-Targeted Monthly Condom Distribution; and HIV Routine Testing

For more information visit:  
[www.hivcareconnect.com](http://www.hivcareconnect.com)

## Hotlines

### **HIV/AIDS & STD Hotline**

800-243-2437  
800-AID-AIDS

### **AIDS Drug Assistance program and Continuation of Health Insurance Coverage Services Hotline**

800-825-3518

### **24/7 Illinois Perinatal HIV Hotline**

800-439-4079  
[www.hivpregnancyhotline.org](http://www.hivpregnancyhotline.org)

# Drug Disposal Locations

To reduce prescription drug abuse and accidental poisoning, safely & responsibly dispose of unused prescription and over-the-counter medication at participating locations.

## Hardin County

**Hardin County Pharmacy**  
hardincountypharmacy.com

7 Ferrell Rd.  
Rosiclare, IL 62982  
Phone: 618-285-6618

## Jackson County

**Shawnee Health Care**  
shawneehealth.com

400 S. Lewis Ln.  
Carbondale, IL 62901  
Phone: 618-519-9200

## Walgreens-East

walgreens.com  
206 S. Wall St.  
Carbondale, IL 62901  
Phone: 618-457-4104

## SIH Memorial Hospital of Carbondale

sih.net  
405 W. Jackson St.  
Carbondale, IL 62901  
Phone: 618-549-0721

## Johnson County

**Goreville Professional Pharmacy**  
gorevilleprofessionalrx.com

901 S. Broadway  
Goreville, IL 62939  
Phone: 618-995-1555

## Vienna City Hall

cityofviennail.net  
205 N. 4th St.  
Vienna, IL 62995  
Phone: 618-658-5161

## Massac County

**Massac County Sheriff's Department**

massacsheriffsdept.com  
515 Market St.  
Metropolis, IL 62960  
Phone: 618-524-2912

## Pope County

**Pope County Sheriff's Department**

216 E Decatur St  
Golconda, IL 62938  
Phone: 618-683-4321

## Pulaski County

**Pulaski County Sheriff's Department**

pulaskicountyil.net  
500 Illinois Ave. #A  
Mound City, IL 62963  
Phone: 618-748-9374

## Saline County

**Beck's Drugs**

becksdugs.com  
1409 Locust St.  
Eldorado, IL 62930  
Phone: 800-851-6857 ext. 1

**Saline County Sheriff's Department**

salinecounty.org  
1 N. Main St.  
Harrisburg, IL 62946  
Phone: 618-252-8661

## Union County

**Anna Police Department**  
cityofanna.org

201 E. Vienna St.  
Anna, IL 62906  
Phone: 618-833-8571 ext. 2

## Williamson County

**Williamson County Sheriff's Department**

williamsoncountyil.gov  
404 N. Van Buren St.  
Marion, IL 62959  
Phone: 618-997-6541

**Herrin Hospital Lab**  
sih.net

201 S. 14th St.  
Herrin, IL 62948  
Phone: 618-942-2171

**SIH Cancer Institute**  
sih.net

1400 Pin Oak Dr.  
Carterville, IL 62918  
Phone: 618-985-3333



# Government Elected Officials

Elected officials representing the southern seven counties of Illinois.

## Illinois Governor

[www.gov.illinois.gov](http://www.gov.illinois.gov)

JB Pritzker  
Office of the Governor  
207 State House  
Springfield, IL 62706  
Phone: 217-782-0244

James R. Thompson Center  
100 West. Randolph St.  
Suite 16-100  
Chicago, IL 60601  
Phone: 312-814-2121

## Lieutenant Governor

[www.gov.illinois.gov](http://www.gov.illinois.gov)

Juliana Stratton  
214 State House  
Springfield, IL 62706  
Phone: 217-558-3085

## State Attorney General

[www.illinoisattorneygeneral.gov](http://www.illinoisattorneygeneral.gov)

Kwame Raoul  
500 S. Second St.  
Springfield, IL 62701  
Phone: 217-782-1090

1745 Innovation Dr.,  
Suite C & D  
Carbondale, IL 62901  
Phone: 618-529-6400

## Secretary of State

[www.ilsos.gov](http://www.ilsos.gov)

Alexi Giannoulias  
213 State Capitol  
Springfield, IL 62756  
Phone: 217-785-8980

## State Comptroller

[www.illinoiscomptroller.gov](http://www.illinoiscomptroller.gov)

Susana A. Mendoza  
325 W. Adams St.  
Springfield, IL 62704  
Phone: 217-782-6000

## State Treasurer

[www.illinoistreasurer.gov](http://www.illinoistreasurer.gov)

Michael W. Freichs  
219 State House  
Springfield, IL 62706  
Phone: 866-458-7327

## US Senator

[www.duckworth.senate.gov](http://www.duckworth.senate.gov)

Tammy Duckworth  
8 S. Old State Capitol Plz.  
Springfield, IL 62701  
Phone: 217-528-6124

441 E. Willow St.  
Carbondale, IL 62901  
Phone: 618-319-6710

## US Senator

[www.durbin.senate.gov](http://www.durbin.senate.gov)

Richard "Dick" Durbin  
525 S. 8th St.  
Springfield, IL 62703  
Phone: 217-492-4062

250 W. Cherry St.  
Suite 115-D  
Carbondale, IL 62901  
Phone: 618-351-1122

## Illinois Senator 59th District

[www.senatorfowler.com](http://www.senatorfowler.com)

Dale Fowler  
103 B State House  
Springfield, IL 62706  
Phone: 217-782-5509

District Office  
2 N. Vine  
6th Floor  
Harrisburg, IL 62946  
Phone: 618-294-8951

## US Congressman

[www.bost.house.gov](http://www.bost.house.gov)

Mike Bost  
1109 Chestnut St.  
Murphysboro, IL 62966  
Phone: 618-457-5787

352 Cannon House Office  
Building  
Washington, DC 20515  
Phone: 202-225-5661

## State Representative

[www.reppauljacobs.com](http://www.reppauljacobs.com)

Paul Jacobs  
234-N Stratton Building  
Springfield, IL 62706  
Phone: 217-782-0387

206 W. College  
Suite 22  
Carbondale, IL 62901  
Phone: 618-534-9880

600 Halfway Rd.  
Marion, IL 62959  
Phone: 618-534-9880

## State Representative

[www.repwindhorst.com](http://www.repwindhorst.com)

Patrick Windhorst  
314 Capitol Building  
Springfield, IL 62706  
Phone: 217-782-5131

2 N. Vine St., 5A  
Harrisburg, IL 62946  
Phone: 618-294-8703

# Government Services & Assistance

## Illinois Department of Human Services Offices

[www.dhs.state.il.us](http://www.dhs.state.il.us)

### Jackson County

342 North St.  
Murphysboro, IL 62966  
Phone: 618-687-1705

### Massac County

2301 Metropolis St.  
Metropolis, IL 62960  
Phone: 618-524-2631

### Pulaski County

422 S. Blanche Street  
Mounds, IL 62964  
Phone: 618-745-9411

### Union County

1000 N. Main St.  
Anna, IL 62906  
Phone: 618-833-2118

### Williamson County

1107 W. DeYoung St., Ste 20  
Marion, IL 62959  
Phone: 618-997-6591

## Secretary of State Offices

[www.ilsos.gov](http://www.ilsos.gov)

### Alexander County

216 10th St.  
Cairo, IL 62914  
Phone: 618-734-7035

### Franklin County

812 North Main Street  
Benton, IL 62812  
Phone: 618-438-4491

### Massac County

1112 W. 10th  
Metropolis, IL 62960  
Phone: 618-524-7451

### Jackson County

2516 W. Murphysboro Rd.  
Carbondale, IL 62901  
Phone: 618-457-0488

### Johnson County

400 E. Vine  
Vienna, IL 62995  
Phone: 618-658-8062

### Union County

101A Transcraft Dr.  
Anna, IL 62906  
Phone: 618-833-8234

### Williamson County

1905 Rendleman St.  
Marion, IL 62959  
Phone: 618-993-2587

### Saline County

350 Seright, Ste. C  
Harrisburg, IL 62946  
Phone: 618-253-7976

## Social Security Administration Offices

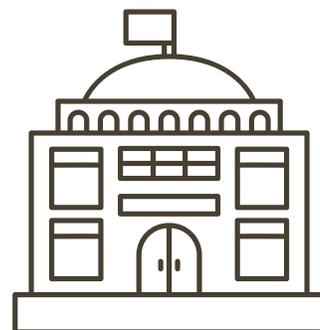
[www.ssa.gov](http://www.ssa.gov)

### Jackson County

250 W. Cherry St.  
Room 104  
Carbondale, IL 62901  
Phone: 1-877-714-0377

### Saline County

18 Veterans Drive  
Harrisburg, IL 62946  
Phone: 1-866-366-3980



# Courthouses & State's Attorney Offices

## Alexander County

Courthouse  
2000 Washington Ave.  
Cairo, IL 62914

County Clerk & Recorder  
Phone: 618-734-7000

Circuit Clerk  
Phone: 618-734-0107

Probation Officer  
306 20th St.  
Cairo, IL 62914  
Phone: 618-734-2192

State's Attorney  
2000 Washington Ave.  
Cairo, IL 62914  
Phone: 618-734-0408

## Massac County

Courthouse  
101 West 8th Street, Rm. 2D  
Metropolis, IL 62960

County Clerk & Recorder  
Phone: 618-524-5213

Circuit Clerk  
Phone: 618-524-9359

Probation Office  
1 Superman Square, Rm. 3B  
Metropolis, IL 62960  
Phone: 618-524-7080

State's Attorney  
1 Superman Square # 2  
Metropolis, IL 62960  
Phone: 618-524-2587

## Union County

Courthouse  
309 W. Market St.  
Jonesboro, IL 62952  
Phone: 618-833-8114

Probation Office  
309 W. Market St., Rm. 107  
Jonesboro, IL 62952  
Phone: 618-833-7913

## Hardin County

Courthouse  
102 E. Market St.  
PO Box 308  
Elizabethtown, IL 62931

County Clerk & Recorder  
Phone: 618-287-2251

Circuit Clerk  
Phone: 618-287-2200

Probation Office  
Phone: 618-439-4111

State's Attorney  
102 E. Market St.  
PO Box 328  
Elizabethtown, IL 62931  
Phone: 618-287-3691

## Pope County

Courthouse  
310 E. Main St.  
PO Box 490  
Golconda, IL 62938

County Clerk & Recorder  
Phone: 618-683-3941

Circuit Clerk  
Phone: 618-683-3941

Probation Office  
Phone: 618-683-8383

State's Attorney  
226 E. Main St.  
Golconda, IL 62938  
Phone: 618-683-2221

## Johnson County

Courthouse  
105 N. 6th St.  
Vienna, IL 62995

County Clerk & Recorder  
Phone: 618-658-3611

Circuit Clerk  
Phone: 618-658-4751

Probation Office  
109 N. 5th St.  
Vienna, IL 62995  
Phone: 618-658-2841

State's Attorney  
400 Court St.  
Vienna, IL 62995  
Phone: 618-658-9318

## Pulaski County

Courthouse  
500 Illinois Ave.  
Mound City, IL 62963

County Clerk & Recorder  
Phone: 618-748-9360

Circuit Clerk  
Phone: 618-748-9300

Probation Office  
Phone: 618-748-9643

State's Attorney  
500 Illinois Ave.  
Mound City, IL 62963  
Phone: 618-748-9134

State's Attorney  
309 W. Market St., Rm. 239  
Jonesboro, IL 62952  
Phone: 618-833-7216

Circuit Clerk  
309 W. Market St., Rm. 108  
Jonesboro, IL 62952  
Phone: 618-833-5913

# Educational Services and Institutions

Educational services for children, adults, and families within the southern seven counties and neighboring communities. Includes early education services, K-12, post-secondary opportunities, and educational assistance programs.

## Early Childhood / Pre-K Learning

### Alexander County

Egyptian Early Learning Center\*  
Egyptian Elem. School 20023  
Diswood Rd  
Tamm, IL 62988  
Phone: 618-776-5756

### Hardin County

Hardin County Early Learning Center  
4 School Road P.O. Box 313  
Elizabethtown, IL 62931  
Phone: 618-287-9098

### Johnson County

Little Treasures Child Development Center  
[littletreasureschildren.com](http://littletreasureschildren.com)  
903 Galeener St.  
Vienna, IL 62995  
Phone: 618-553-0187

Vienna Early Learning Center  
513 East Vine Street  
Vienna, IL 62995  
Phone: 618-658-9229

### Massac County

Brookport Early Learning Center  
Located in Brookport Elementary School  
319 Ferry St.  
Brookport, IL 62910  
Phone: 618-564-3494

Metropolis Head Start\*  
416 E. Ninth St.  
Metropolis, IL 62960  
Phone: 618-524-5222

### Pulaski County

Mounds Head Start\*  
327 N. Reader St.  
Mounds, IL 62964  
Phone: 618-745-6703  
Phone: 618-745-9418

### Union County

Anna Early Learning Center  
[annaheights.com](http://annaheights.com)  
100 Turner Ave.  
Anna, IL 62906  
Phone: 618-833-7158

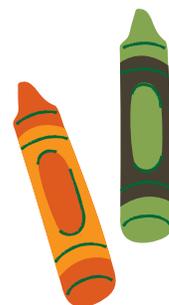
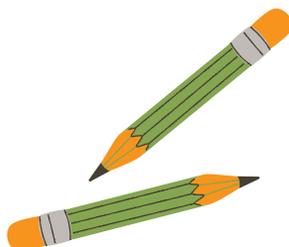
Cobden Early Learning Center\*  
413 N. Appleknocker Dr.  
Cobden, IL 62920  
Phone: 618-771-0745  
Fax: 618-893-4742

Dongola Early Learning Center\*  
1000 High St.  
Dongola, IL 62926  
Phone: 618-771-0742

Jonesboro Early Learning Center\*  
309 Cook Ave.  
Jonesboro, IL 62952  
Phone: 618-771-0746

SuCasa Migrant Head Start\*  
8125 Old Hwy. 51 N.  
Cobden, IL 62920  
Phone: 618-893-4022

*\*visit [www.southern7.org](http://www.southern7.org) for more information*



# Educational Services and Institutions

Educational services for children, adults, and families within the southern seven counties and neighboring communities. Includes early education services, K-12, post-secondary opportunities, and educational assistance programs.

## K-12 Public Schools

### Alexander County

Cairo School District  
4201 Sycamore St.  
Cairo, IL 62914  
Phone: 618-734-4102  
[cairoschooldistrict1.com](http://cairoschooldistrict1.com)

Egyptian School District  
20023 Diswood Rd.  
Tamm, IL 62988  
Phone: 618-776-5251  
[egyptianschool.com](http://egyptianschool.com)

### Johnson County

Buncombe Elementary  
164 Main St.  
PO Box 40  
Buncombe, IL 62912  
Phone: 618-658-8830

Cypress Elementary  
4580 Mt. Pisgah Rd.  
Cypress, IL 62923  
Phone: 618-657-2525  
[cypressgradeschool.org](http://cypressgradeschool.org)

Goreville Community Unit  
School District #1  
201 S. Ferne Clyffe Rd.  
Goreville, IL 62939  
Phone: 618-995-2142  
[gorevilleschools.com](http://gorevilleschools.com)

New Simpson Hill  
95 Tunnel Hill Rd.  
Tunnel Hill, IL 62972  
Phone: 618-658-8536  
[newsimpsonhill.com](http://newsimpsonhill.com)

Vienna Elementary Dist. #55  
310 N 3rd St.  
Vienna, IL 62995  
Phone: 618-658-8286  
[viennagradeschool.com](http://viennagradeschool.com)

Vienna High School  
601 North 1st Street  
Vienna, IL 62995  
Phone: 618-658-4461  
[viennahighschool.com](http://viennahighschool.com)

### Hardin County

Hardin County K-12  
4 School Rd.  
Elizabethtown, IL 62931  
Phone: 618-287-2141  
[hardink12.net](http://hardink12.net)

### Massac County

Brookport Elementary  
319 Ferry St.  
PO Box 298  
Brookport, IL 62910  
Phone: 618-564-2482  
[brookport.massac.org](http://brookport.massac.org)

Franklin Elementary School  
1006 Mt. Mission Rd.  
Metropolis, IL 62960  
Phone: 618-524-2243  
[franklin.massac.org](http://franklin.massac.org)

Jefferson Elementary School  
4915 Jefferson School Rd.  
Metropolis, IL 62960  
Phone: 618-524-4390  
[jefferson.massac.org](http://jefferson.massac.org)

Joppa-Maple Grove Unit  
School District #38  
911 North Ave.  
P.O. Box 10 J  
Joppa, IL 62953  
Phone: 618-543-7589  
[jmg38.com](http://jmg38.com)

### Pope County

Pope County School  
125 State Hwy. 146  
PO Box 22  
Golconda, IL 62938  
Phone: 618-683-2301  
[popek12.org](http://popek12.org)

### Pulaski County

Century Elementary  
4819 Shawnee College Rd. Ullin,  
IL 62992  
Phone: 618-845-3518  
[centuryschool100.com](http://centuryschool100.com)

Century Junior/Senior  
High School  
4721 Shawnee College Rd.  
Ullin, IL 62992  
Phone: 618-845-3518  
[centuryschool100.com](http://centuryschool100.com)

Meridian Community  
Unit School #101  
1401 Mounds Rd.  
Mounds, IL 62964  
Phone: 618-342-6776  
[meridian101.com](http://meridian101.com)

### Union County

Anna-Jonesboro Community  
High School District #81  
608 S. Main St.  
Anna, IL 62906  
Phone: 618-833-8502  
[aj81.net](http://aj81.net)

Anna Junior High School  
301 S. Green St.  
Anna, IL 62906  
Phone: 618-833-6415  
[anna37.com](http://anna37.com)

Cobden Unit School District #17  
413 N. Appleknocker Dr.  
Cobden, IL 62920  
Phone: 618-893-2311  
[cobdenappleknockers.com](http://cobdenappleknockers.com)

Davie School  
301 S. Green St.  
Anna, IL 62906  
Phone: 618-833-6415  
[anna37.com/page/davie-school](http://anna37.com/page/davie-school)

# Educational Services and Institutions

Educational services for children, adults, and families within the southern seven counties and neighboring communities. Includes early education services, K-12, post-secondary opportunities, and educational assistance programs.

## K-12 Public Schools

### Union County (cont.)

Dongola Unit School Dist. #661  
1000 High St.  
Dongola, IL 62926  
Phone: 618-827-3524  
[dongolaschool.com](http://dongolaschool.com)

Lincoln School  
108 Warren St.  
Anna, IL 62906  
Phone: 618-833-6851

Shawnee Jr-Sr High School  
3365 St. Rte. 3 N.  
Wolf Lake, IL 62998  
Phone: 618-833-5307

Jonesboro Elementary School  
District #43  
309 Cook Ave.  
Jonesboro, IL 62952  
Phone: 618-833-5148  
[jonesboro43.com](http://jonesboro43.com)

Shawnee Community  
Unit School District #84  
3365 St. Rte. 3 N.  
Wolf Lake, IL 62998  
Phone: 618-833-5709

Lick Creek Community  
Consolidated School Dist. #16  
7355 Lick Creek Rd.  
Buncombe, IL 62912  
Phone: 618-833-2545  
[lickcreekschool.com](http://lickcreekschool.com)

Shawnee Elementary School  
3365 St. Rte. 3 N.  
Wolf Lake, IL 62998  
Phone: 618-833-4975

## Shawnee Community College Extension Centers

[www.shawneecc.edu](http://www.shawneecc.edu)

Administrative Office  
8364 Shawnee College Rd.  
Ullin, IL 62992  
Phone: 618-634-3200

Anna Extension Center  
1150 E. Vienna St.  
Anna, IL 62906  
Phone: 618-833-3399

Cairo Extension Center  
2035 Washington Ave.  
Cairo, IL 62914  
Phone: 618-634-3490

Metropolis Extension Center  
5385 Industrial Park Dr.  
Metropolis, IL 62960  
Phone: 618-524-3003

Vienna Extension Center  
601 N. 1st St.  
Vienna, IL 62995  
Phone: 618-634-3441

## University of Illinois - Extension Offices

[www.web.extension.edu](http://www.web.extension.edu)

521 Vienna St.  
Anna, IL 62906  
Phone: 618-833-6363

1438 W. 10th St.  
Metropolis, IL 62960  
Phone: 618-524-2270

502 Oakley Ln.  
Mounds, IL 62964  
Phone: 618-745-6310

208 E. Main St.  
Vienna, IL 62995  
Phone: 618-658-5321

Dixon Springs Agricultural  
354 IL-145 N.  
Simpson, IL 62985  
Phone: 618-695-2441

## Regional Office of Education Offices

**ROE#20**  
**(Hardin/Pope County)**  
Saline County Office  
512 N. Main St.  
Harrisburg, IL 62946  
Phone: 618-253-5581  
[roe20.org](http://roe20.org)

**ROE #21**  
**(Johnson/Massac County)**  
Massac County Office  
1102 W. 10th St.  
Metropolis, IL 62960  
Phone: 618-524-3736  
[roe21.org](http://roe21.org)

**ROE #30**  
**(Alexander, Pulaski,  
& Union County)**  
Union County Office  
1150 E. Vienna St.  
Anna, IL 62906  
Phone: 618-634-3458  
[roe30.org](http://roe30.org)

# Educational Services and Institutions

Educational services for children, adults, and families within the southern seven counties and neighboring communities. Includes early education services, K-12, post-secondary opportunities, and educational assistance programs.

## Education Support Services

### **Child & Family Connections**

#### Early Intervention Services

2751 W. Main St.  
Carbondale, IL 62901  
Phone: 888-340-6702  
Phone: 618-529-3147  
[cfconnection.org](http://cfconnection.org)

### **SOAR / ROE 30 Alternative School**

2125 Spruce St.  
Murphysboro, IL 62966  
Phone: 618-521-6081  
[roe30.org](http://roe30.org)

### **Division of Specialized Care of Children**

#### Marion Regional Office

2309 W. Main St.  
Suite 119  
Marion, IL 62959  
Phone: 800-451-0464  
Phone: 618-997-4396

### **J.R.'s Centre**

100 Florsheim Dr.  
Anna, IL 62906  
Phone: 618-833-4956

### **JAMP Special Education Services**

251 W. 2nd St.  
Ullin, IL 62992  
Phone: 618-634-2200  
[jampsped.org](http://jampsped.org)

## Post-Secondary Education

### **John A. Logan College**

[jalc.edu](http://jalc.edu)  
700 Logan College Dr.  
Carterville, IL 62918  
Phone: 618-985-2828

### **Shawnee Community College**

[shawneecc.edu](http://shawneecc.edu)  
8364 Shawnee College Rd.  
Ullin, IL 62992  
Phone: 618-634-3200

### **Southeastern Illinois College**

[sic.edu](http://sic.edu)  
3575 College Rd.  
Harrisburg, IL 62946  
Phone: 618-252-5400

### **Southern Illinois University Carbondale**

[siu.edu](http://siu.edu)  
1263 Lincoln Dr.  
Carbondale, IL 62901  
Phone: 618-453-2121

### **Southeast Missouri University**

[semo.edu](http://semo.edu)  
1 University Plaza  
Cape Girardeau, MO 63701  
Phone: 573-651-2000

### **West Kentucky Community & Technical College**

[westkentucky.kctcs.edu](http://westkentucky.kctcs.edu)  
4810 Alben Barkley Dr.  
Paducah, KY 42001  
Phone: 270-554-9200

## Training and Education Programming

### **Earl C. Clements Job Center**

2302 US-60  
Morganfield, KY 42437  
Phone: 270-389-2419

### **St. Louis Corps Center**

3860 Lindell Blvd.  
St. Louis, MO 63108

### **Mingo Job Corps Civilian Conservation Center**

4253 State Highway T  
Puxico, MO 63960  
Phone: 573-222-3537

### **Muhlenberg Job Corps Center**

3875 KY-181 N  
Greenville, KY 42345  
Phone: 270-338-5460

**Job Corps**  
[www.jobcorp.gov](http://www.jobcorp.gov)

### **For More Information Call:**

800-773-JOBS  
800-773-5627  
TTY: 877-889-5627

# Public Libraries

Public libraries providing access to internet, printing services, and youth & family activities, and more.

## Alexander County

### **Cairo Public Library**

[cairopubliclibrary.org](http://cairopubliclibrary.org)

Phone: 618-734-1840

Address:

1609 Washington Ave.

Cairo, IL 62914

### **Dodge Memorial Public Library**

22440 Railroad St.

Olive Branch, IL 62969

Phone: 618-776-9200

## Hardin County

### **Rosiclare Memorial Public Library**

[rosiclarelibrary.net](http://rosiclarelibrary.net)

308 Main St.

Rosiclare, IL 62982

Phone: 618-285-6213

## Johnson County

### **Vienna Public Library**

401 Poplar St.

Vienna, IL 62995

Phone: 618-658-5051

## Massac County

### **Brookport Public Library**

7415 S. US 45 Rd.

Brookport, IL 62910

Phone: 618-564-3630

### **Metropolis Public Library**

[metropolispubliclibrary.com](http://metropolispubliclibrary.com)

317 Metropolis St.

Metropolis, IL 62960

Phone: 618-524-4312

## Pope County

### **Golconda Public Library**

[golcondapubliclibrary.webs.com](http://golcondapubliclibrary.webs.com)

126 W. Main St.

Golconda, IL 62938

Phone: 618-683-6531

## Pulaski County

### **Mounds Public Library**

418 1st St.

Mounds, IL 62964

Phone: 618-745-6610

## Union County

### **Cobden Branch Library**

100 S. Front St.

Cobden, IL 62920

Phone: 618-893-4637

### **Dongola Public Library**

114 N.E. Front St.

Dongola, IL 62926

Phone: 618-827-3622

### **Jonesboro Public Library**

412 S. Main St.

Jonesboro, IL 62952

Phone: 618-833-8121

### **Stinson Memorial Library**

[stinsonlibrary.org](http://stinsonlibrary.org)

409 S. Main St.

Anna, IL 62906

Phone: 618-833-2521

## Cape Girardeau County

### **Cape Girardeau Public Library**

[capelibrary.org](http://capelibrary.org)

711 Clark St.

Cape Girardeau, MO 63701

Phone: 573-334-5279

## Jackson County

### **Carbondale Public Library**

[carbondalepubliclibrary.org](http://carbondalepubliclibrary.org)

405 W Main St.

Carbondale, IL 62901

Phone: 618-457-0354

## Williamson County

### **Anne West Lindsey District Library**

[awlindsey.com](http://awlindsey.com)

600 N. Division St.

Carterville, IL 62918

Phone: 618-985-3298

### **Herrin City Library**

[herrincitylibrary.org](http://herrincitylibrary.org)

120 N. 13th St.

Herrin, IL 62948

Phone: 618-942-6109

### **Marion Carnegie Library**

[marioncarnegieliibrary.org](http://marioncarnegieliibrary.org)

206 S. Market St.

Marion, IL 62959

Phone: 618-993-5935



# Social and Human Services

Organizations providing resources and aid to families, individuals, and communities to improve quality of life, remediate problems, and coordinate services through a multidisciplinary approach with all kinds of needs, as well as providing access to resources that benefit society in a larger sense.

## Aging

### **Addus Home Care**

[www.addus.com](http://www.addus.com)  
4503 W. Deyoung St.  
Suite 200  
Marion, IL 62959  
Phone: 618-997-8008

### **Golden Circle**

Pope County  
217 Adams St.  
Golconda, IL 62938  
Phone: 618-683-7741

Hardin County  
129 IL Route 146E  
Elizabethtown, IL 62931  
Phone: 618-287-5592

### **Lutheran Social Services**

[www.lssi.org](http://www.lssi.org)  
Marion Family Ministry Office  
1616 W Main St #1146  
Marion, IL 62959  
Phone: 618-997-9196

### **Shawnee Alliance for Seniors**

[www.shawneehealth.com](http://www.shawneehealth.com)  
6355 Brandhorst Dr.  
Carterville, IL 62918  
Phone: 618-985-8322

### **Shawnee Development Council, Inc.**

[shawneedevelopment.org](http://shawneedevelopment.org)  
Administrative Office  
530 W. Washington St.  
Karnak, IL 62956  
Phone: 618-634-2201

Hardin County  
147 N. Main St.  
Elizabethtown, IL 62931  
Phone: 618-287-7071

Pope County  
12 Decatur St.  
Golconda, IL 62938  
Phone: 618-683-2107

Pulaski County  
124 N. Oak St.  
Mounds, IL 62964  
Phone: 618-745-6388

Union County  
Choate Mental Health Center  
1000 N. Main St.  
Anna, IL 62906  
Phone: 618-833-7431

### **Southern Pride Senior Program**

Alexander County  
Happy Days  
2728-B Martin Luther King Dr.  
Cairo, IL 62914  
Phone: 618-734-1050

Johnson County  
Whistlers & Whittlers  
60 St. Route 37N  
Vienna, IL 62995  
Phone: 618-658-8140

Massac County  
Happy Hearts  
701 Market St.  
Metropolis, IL 62960  
Phone: 618-524-9755

Pulaski County  
Smiles Senior Center  
412 Blanche St.  
Mounds, IL 62964  
Phone: 618-745-6149

Union County  
Sunshine Inn  
1921 E. Market St.  
Anna, IL 62906  
Phone: 618-833-6734

## Child and Family Services

### **Caritas Family Solutions**

[caritasfamilysolutions.org](http://caritasfamilysolutions.org)  
10286 Fleming Rd.  
Carterville, IL 62918  
Phone: 618-985-2000

Services: Offers a wide range of family services including adoption services and pregnancy care as well as help for families seeking to adopt.

### **Child & Family Connections**

[cfc24.org](http://cfc24.org)  
Early Intervention Services  
2751 W. Main St.  
PO Box 1180  
Carbondale, IL 62901  
Phone: 618-529-3147

Services: Offers evaluations & assessments, testing, developmental monitoring, direct therapy sessions, and assistive technology.

### **Child Care Resource & Referral**

[www.cccrrjalco.org](http://www.cccrrjalco.org)  
607 S. Greenbriar  
Carterville, IL 62918  
Phone: 618-985-5975

Services: Provides information, referrals, and financial assistance to families, resources and support for child care and early education programs as well as training, education, etc.

### **Lutheran Social Services**

[lssi.com](http://lssi.com)  
Marion Children's Programs  
1616 W. Main St.  
Marion, IL 62959  
Phone: 618-997-9196  
Fax: 618-997-6843

Vienna Children's Programs  
45 Industrial Dr.  
Vienna, IL 62995  
Phone: 618-658-9512  
Fax: 618-658-9680

Services: Offers care, early childhood development, mental health services, alcohol and drug treatment, home care for seniors, affordable senior housing, residential programs for people with developmental disabilities, and programs that help formerly incarcerated individuals integrate back into society.

# Social and Human Services

Organizations providing resources and aid to families, individuals, and communities to improve quality of life, remediate problems, and coordinate services through a multidisciplinary approach with all kinds of needs, as well as providing access to resources that benefit society in a larger sense.

## Emergency Assistance and Relief

### **American Red Cross**

[redcross.org](http://redcross.org)

769 South Durkin Dr.  
Springfield, IL 62704  
Phone: 217-787-7602

Services: Shelters, feeds, and provides emotional support to victims of disasters; conducts blood drives; teaches skills that save lives; and supports military members and their families.

### **Arrowleaf**

[myarrowleaf.org](http://myarrowleaf.org)

Phone: 618-658-3079

24/7 Crisis Line: 618-658-2611

#### Alexander County

1401 Washington Ave.  
Cairo, IL 62914

#### Hardin County

147 N. Main St.  
Elizabethtown, IL 62931

#### Johnson County

101 Oliver St.  
Vienna, IL 62995

300 Redbud Ln.  
Vienna, IL 62995

1003 West Vine St.,  
Ste. A  
Vienna, IL 62995

Services: Immediate access to basic resources, as available, to assist with identification documents, housing assistance, linkage and referral to temporary shelters, and other relief programs, such as clothing, food, and hygiene products.

#### Massac County

501 Catherine St.  
Metropolis, IL 62960

#### Pope County

125 N. Market St.  
PO Box 759  
Golconda, IL 62938

#### Union County

204 South St.  
Anna, IL 62906

### **Salvation Army**

[salvationarmyusa.org](http://salvationarmyusa.org)

#### Marion Office

906 B Tower Square  
Marion, IL 62959

Phone: 618-997-9355

#### Paducah Office

3100 Irvin Cobb Dr.,  
Paducah, KY 42003

Phone: 270-442-2198

Services: Provides food, shelter, clothing, and financial assistance resources for children, adults, and their families. The Salvation Army operates 7,546 centers in communities across the United States. These include food distribution, disaster relief, rehabilitation centers, anti-human trafficking efforts, and a wealth of children's programs.

### **Shawnee Development Council, Inc.**

[shawneedevelopment.org](http://shawneedevelopment.org)

#### Administrative Office

530 W. Washington St.  
Karnak, IL 62956

Phone: 618-634-2201

Fax: 618-634-9551

#### Hardin County

147 N. Main St.  
PO Box 168

Elizabethtown, IL 62931

Phone: 618-287-7071

#### Pope County

12 Decatur St.

Golconda, IL 62938

Phone: 618-683-2107

#### Pope County

12 Decatur St.

Golconda, IL 62938

Phone: 618-683-2107

#### Pulaski County

124 N. Oak St.

Mounds, IL 62964

Phone: 618-745-6388

#### Union County

Choate Mental

Health Center

1000 N. Main St.

Anna, IL 62906

Phone: 618-833-7431

Services: Some programs include Weatherization, Energy Assistance, Community Care, Transportation, and dozens of other community programs



# Social and Human Services

Organizations providing resources and aid to families, individuals, and communities to improve quality of life, remediate problems, and coordinate services through a multidisciplinary approach with all kinds of needs, as well as providing access to resources that benefit society in a larger sense.

## Employment and Legal Assistance

### Illinois Department of Employment Security

[ides.illinois.gov](http://ides.illinois.gov)  
333 Potomac Blvd  
Suite E  
Mt. Vernon, IL 62864  
Phone: 800-244-5631

Services: Offers unemployment insurance, job development services, recruitment of job seekers, hiring events & job search workshops, veterans employment services, migrant seasonal farm workers program, re-entry employment services program, bonding, and work opportunity tax credit.

### Land of Lincoln Legal Aid

[lincolnlegal.org](http://lincolnlegal.org)  
First Mid Bank and Trust  
509 S. University Ave.  
#100  
Carbondale, IL 62901  
Phone: 618-457-7800

Services: Provides eligible low-income and senior residents of central and southern Illinois with high-quality civil legal services in order to obtain and maintain their basic human needs through advice, representation, advocacy, education, and collaboration.

### Man-Tra-Con

[mantracon.org](http://mantracon.org)  
3117 Civic Cir Blvd.  
Suite B  
Marion, IL 62959  
Phone: 618-998-0970

Services: Career coaching, job search assistance, college training, workforce training, linkage and referral to educational programs and benefits assistance, and more. Services available for youth ages 16 to 24 experiencing applicable barriers to employment include: tutoring, paid and unpaid internship experience, secondary school and GED classes, leadership development, and more.

### Southern Illinois Workforce Development Board

[siwdb.org](http://siwdb.org)  
Southern IL Workforce Development Board  
Illinois Star Center  
3000 W. Deyoung St.  
Suite 800B  
Marion, IL 62959  
Phone: 618-998-0970  
TTY: 866-322-8357

Southern 14 Workforce Investment Board  
216 Industrial Ave.  
Carmi, IL 62821  
Phone: 618-252-6020

Services: Serves as the premier source for information about and access to the array of workforce development programs and services offered for citizens and employers in Franklin, Jackson, Jefferson, Perry, and Williamson Counties in southern Illinois



# Social and Human Services

Organizations providing resources and aid to families, individuals, and communities to improve quality of life, remediate problems, and coordinate services through a multidisciplinary approach with all kinds of needs, as well as providing access to resources that benefit society in a larger sense.

## Health Related Needs

### **Alzheimer's Association**

[act.alz.org](http://act.alz.org)

National Help Line  
800-272-3900 (Available 24/7)

Services: Mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

### **American Cancer Society**

[cancer.org](http://cancer.org)

Help Line  
800-227-2345 (Available 24/7)

Services: To help one manage cancer treatment, recovery, and find emotional support needed in addition to transportation, advocacy, cancer information, & lodging.

### **The Autism Program of Illinois (TAP)**

[tap-illinois.org](http://tap-illinois.org)

5220 S. 6th Street,  
Suite 2300B  
Springfield IL 62703  
Phone: 217-953-0894 ext. 30477

Services: Supports persons with autism spectrum disorder and their families through a coordinated network of providers, parents, and university programs while developing, utilizing, and sharing best practices.

### **Center for Autism Spectrum Disorders - SIU**

[casd.siu.edu](http://casd.siu.edu)

625 Wham Dr.  
Carbondale, IL 62901  
Phone: 618-453-7130

Services: A multidisciplinary research and training center that provides high-quality leadership in the study of autism spectrum disorders. Services include autism screening and diagnostics and clinical services.

### **Illinois Home Healthcare**

[lhcgroupp.com](http://lhcgroupp.com)

906 Skyline Dr.  
Suite 200  
Marion, IL 62995  
Phone: 618-997-6565

Services: Offers highly skilled home care professionals under the direct supervision of a physician delivering in the comfort of your home: skilled nursing, physical therapy, pain management, medication management, speech therapy, infusion therapy, chronic disease management, fall prevention, etc.

### **Lions of Illinois Foundation**

[lionsofillinoisfoundation.org](http://lionsofillinoisfoundation.org)

700 N. Peace Rd.  
Suite B  
DeKalb, IL 60115  
Phone: 815-756-5633

Services: Provides services to the people of Illinois for the detection, treatment, and rehabilitation of visual and hearing impairments

### **Southeast Missouri State University Autism Center**

[semo.edu/autism-center](http://semo.edu/autism-center)

611 N. Fountain St.  
Cape Girardeau, MO 63701  
Phone: 573-986-4985

Services: Provides diagnostic evaluations, speech language evaluations, behavioral intervention services evaluation, treatment for autism, and several other services to children.



# Social and Human Services

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## Housing Assistance

### Eviction Help Illinois

[evictionhelpillinois.org](http://evictionhelpillinois.org)

Phone: (855) 631-0811 or text "EVICTION" to 85622

Services: Free legal aid, mediation services, and connections to other resources such as rental assistance to increase housing stability.

### Habitat for Humanity

[habitat.org](http://habitat.org)

Jackson & Union Counties:

93 Lilac Lane  
PO Box 1064  
Carbondale, IL 62903  
Phone: 618-713-4958

Williamson County:

PO Box 754  
Marion, IL 62959-0754  
Phone: 618-997-3134  
[habitat-williamsoncounty.org](http://habitat-williamsoncounty.org)

Services: Works toward this vision by building and improving homes in partnership with individuals and families in need of a decent and affordable place to live.

### Illinois Housing Development Authority

[illinoishousinghelp.org/cbrap](http://illinoishousinghelp.org/cbrap)

Phone: 866-454-3571

Services: Ensures effective and efficient program administration and long-term compliance for IHDA-financed or assisted affordable multifamily rental housing in the state of Illinois.

### Southern Illinois Coalition for the Homeless

[sihomelesscoalition.org](http://sihomelesscoalition.org)

1009 W. Cherry St.  
Marion, IL 62959  
Phone: 618-993-0094

Services: Provides assistance in obtaining permanent and transitional housing for low income and homeless families and singles including case management services.



## Local Housing Authorities

### Alexander County

[acha734.org](http://acha734.org)  
1100 Halliday Ave.  
Cairo, IL 62914  
Phone: 618-734-1910

### Hardin County

355 E. Walnut St.  
Elizabethtown, IL 62931  
Phone: 618-287-2786

### Johnson County

501 N. 4th St.  
Vienna, IL 62995  
Phone: 618-658-5811

### Massac County

[massaccountyhousingauthority.org](http://massaccountyhousingauthority.org)  
1209 E. 5th St.  
Metropolis, IL 62960  
Phone: 618-524-8411

### Pope County

[popeco-il.com](http://popeco-il.com)  
802 Franklin St.  
Golconda, IL 62938  
Phone: 618-683-4791

### Pulaski County

[hapulaskico.org](http://hapulaskico.org)  
130 Richland Terrace  
Mounds, IL 62964  
Phone: 618-745-6330

### Union County

[myucha.com](http://myucha.com)  
131 Hillside Terrace  
Anna, IL 62906  
Phone: 618-833-5129

### Franklin County

1007 Fairland St.  
Benton, IL 62812  
Phone: 618-439-2601

302 E. Elm St.  
West Frankfort, IL 62896  
Phone: 618-932-2124

### Gallatin County

117 W. Wilson Ave.  
Shawneetown, IL 62984  
Phone: 618-269-3080

### Jackson County

[jacksoncountyhousingauthority.org](http://jacksoncountyhousingauthority.org)  
300 N. 7th St.  
Murphysboro, IL 62966  
Phone: 618-684-3183

### Perry County

[perrycountyhousing.org](http://perrycountyhousing.org)  
120 S Walnut St.  
Du Quoin, IL 62832  
Phone: 618-542-5409

### Saline County

900-902 W. Barnett St.  
Harrisburg, IL 62946  
Phone: 618-252-6381

### Williamson County

[ilwcha.org](http://ilwcha.org)  
300 E. Hickory St.  
Carterville, IL 62918  
Phone: 618-985-2422

# Social and Human Services

Organizations providing resources and aid to families, individuals, and communities to improve quality of life, remediate problems, and coordinate services through a multidisciplinary approach with all kinds of needs, as well as providing access to resources that benefit society in a larger sense.

## Support Services & Organizations

### Call BlackLine

[callblackline.com](http://callblackline.com)

Call or Text: 800-604-5841

Services: Provides a space for peer support, counseling, reporting of mistreatment, witnessing, and affirming the lived experiences of folks who are most impacted by systematic oppression.

### Center for Empowerment and Justice

213 N Washington St  
Carbondale, IL 62901  
Phone: 618-457-2777

Services: The Center is a place where individuals from the community can come to share and receive support for their vision of self-empowerment and service to the betterment of the community. The center offers court support, laundry services, bike repair, housing assistance, clothing and other resources, and employment assistance - it aims to support those released from prison or rehabilitation centers.

### The Deaf Hotline

[thedeafhotline.org](http://thedeafhotline.org)

Phone: 855-812-1001

Email: [hotline@adwas.org](mailto:hotline@adwas.org)

Services: Founded by the National Domestic Violence Hotline and Abused Deaf Women's Advocacy Services in 2003, The Deaf Hotline offers national 24/7 care to Deaf survivors with American Sign Language available.

### Golden Rainbows of Illinois South (GRIS)

[goldenrainbows.org](http://goldenrainbows.org)

Phone: 618-318-1643

Services: Golden Rainbows of Illinois South is a specialized group focusing on the needs of the Elders (50+) in the LGBTQ community.

### NAACP

800 Washington Ave.  
First National Bank  
Cairo, IL 62914  
Phone: 618-734-9188

Services: The mission of the National Association for the Advancement of Colored People is to ensure the political, educational, social, and economic equality of rights of all persons and to eliminate racial hatred and racial discrimination.

### Rainbow Cafe LGBTQ Center

[rainbowcafe.org](http://rainbowcafe.org)

118 N. Illinois Ave.  
Carbondale, IL 62901  
Phone: 618-525-9922

Services: Provides a safe and welcoming environment for those who are lesbian, gay bisexual, trans/gender expansive, queer, intersex, asexual, or questioning their orientation and/or gender identity, and their friends and family, by creating a space in which they are affirmed and offered non-judgmental support and access to personal, community, spiritual, and health resources.



# Mental Health - Inpatient Care

Inpatient psychiatric care is the most intensive level of treatment for individuals with mental illness. It offers 24-hour care in a safe and secure facility, making it best for patients with severe mental health who require constant monitoring. Some locations offer partial hospitalization options.

## **Carle Bromenn Medical Center**

[advocatehealth.com](http://advocatehealth.com)

Call: 309-454-1400

Address: 1304 Franklin Ave.,  
Normal, IL 61761

Services: Adults 18+

## **Blessings Hospital System**

[blessinghealth.org](http://blessinghealth.org)

Call: 217-223-1200

Address: 1005 Broadway St.  
Quincy, IL 62301

Services: Youth Ages 3-17  
and Adults 18+

## **Choate Mental Health & Development Center**

Call: 618-833-5161

Address: 1000 N. Main St.  
Anna, IL 62906

Services: Adults 19 - 75

## **Deaconess Cross Pointe**

[deaconness.com](http://deaconness.com)

Call: 812-476-7200

Address: 7200 E. Indiana St.  
Evansville, IL 47715

Services: Youth Ages 10-17  
and Adults 18+

## **Gateway Regional Medical Center**

[gatewayregional.net](http://gatewayregional.net)

Call: 618-798-3000

Address: 2100 Madison Ave.  
Granite City, IL 62040

Services: Adults 18+

## **Harrisburg Medical Center - Mulberry Center**

[harrisburgmc.com](http://harrisburgmc.com)

Call: 618-253-7671

Address: 100 Dr. Warren Dr.  
Harrisburg, IL 62946

Services: Adults 18+

## **Harsha Behavioral Center**

[harshacenter.com](http://harshacenter.com)

Call: 812-298-8888

Address: 1980 E. Woodsmall  
Dr. Terre Haute, IN 47802

Services: Youth Ages 3-17  
and Adults 18+

## **Lincoln Prairie Behavioral Center**

[lincolnpairiebhc.com](http://lincolnpairiebhc.com)

Call: 217-585-1180

Address: 5230 S. Sixth Rd.  
Springfield, IL 62703

Services: Youth Ages 3-17

## **Mercy Health - Lourdes Hospital**

[mercy.com](http://mercy.com)

Call: 270-444-2250

Address: 1530 Lone Oak Rd.  
Paducah, KY 42003

Services: Adults 18+

## **The Pavilion**

[pavilionhospital.com](http://pavilionhospital.com)

Call: 217-373-1700

Address: 809 W. Church St.  
Champaign, IL 61820

Services: Youth Ages 3-17  
Adults 18+

## **Presence Covenant Medical Center - OSF Healthcare**

[osfhealthcare.org](http://osfhealthcare.org)

Call: 217-337-2130

Address: 1400 W. Park St.  
Urbana, IL 61801

Services: Adults 18+,  
Involuntary Only

## **Southeast Behavioral Health Center**

[southeastbehavioral.com](http://southeastbehavioral.com)

Call: 573-708-5000

Address: 639 S. Silver Springs Rd.  
Cape Girardeau, MO 63703

Services: Youth Ages 13-17  
and Adults 18+

## **St. Mary's Hospital**

[ssmhealth.com](http://ssmhealth.com)

Call: 618-436-8000

Address: 400 N. Pleasant St.  
Centralia, IL 62801

Services: Adults 18+

## **Streamwood Behavioral Healthcare System**

[streamwoodhospital.com](http://streamwoodhospital.com)

Call: 630-837-9000

Address: 1400 East Irving  
Park Rd. Streamwood, IL  
60107

Services: Youth 3-17 & Adults

## **Touchette Regional Hospital**

[touchette.org](http://touchette.org)

Call: 618-332-3060

Address: 5900 Bond Avenue,  
Centreville, IL 62207

Services: Adults 18+



# Mental Health - Outpatient Care

Outpatient services are provided to treat behavioral health disorders and serious mental illness. Many services can be provided in office, in the community, and some through telehealth formats.

## Arrowleaf

[myarrowleaf.org](http://myarrowleaf.org)

Call: 618-658-3079

**24/7 Crisis Line: 618-658-2611**

Services: Youth ages 3-17, adults, families, and caregivers.

Alexander County Office  
1401 Washington Ave.  
Cairo, IL 62914

Hardin County Office  
147 N. Main St.  
Elizabethtown, IL 62931

Johnson County Offices  
101 Oliver St.  
Vienna, IL 62995

300 Redbud Ln.  
Vienna, IL 62995

Massac County Office  
501 Catherine St.  
Metropolis, IL 62960

Pope County Office  
125 N. Market St.  
PO Box 759  
Golconda, IL 62938

Union County Office  
204 South St.  
Anna, IL 62906

*Additional locations available*

## Shawnee Health - Behavioral Health

[shawneehealth.com](http://shawneehealth.com)

Call: 618-519-9200

For Behavioral Health, Press Option 1, then Press 4

Services: All ages

404 S. Lewis Ln.  
Carbondale, Illinois  
62901

## Centerstone

[centerstone.org](http://centerstone.org)

Call: 877-467-3123

**24/7 Crisis Line: 855-985-0911**

Services: All ages

Administrative Office  
2311 S. Illinois Ave.  
Carbondale, IL 62901

Multiple Sites Available

## Egyptian Mental Health

[egyptian.org](http://egyptian.org)

Call: 618-273-3326

Services: All ages

Main Office  
1412 US 45N  
Eldorado, IL 62930  
Phone: 618-273-3326  
Fax: 618-273-2808

Multiple Sites Available

## Harrisburg Medical Center - Behavioral Health

[sih.net](http://sih.net)

Services: All ages

HMC Clinic at Harrisburg  
100 Dr. Warren Tuttle Dr.  
Harrisburg, IL 62946  
Phone: 618-253-7671

HMC Clinic at Marion  
3106 Outer Dr.  
Marion, IL 62959  
Phone: 618-997-4332

Eldorado Primary Care  
1007 Route 45N  
Eldorado, IL 62930  
Phone: 618-273-7723

## Massac County Mental Health and Family Counseling Center

[mcmhc.com](http://mcmhc.com)

Call: 800-851-1251

**24/7 Crisis Line: 618-524-9368**

Services: All ages

206 W. Fifth St.  
Metropolis, IL 62960

## Rural Health, Inc.

[ruralhealthinc.org](http://ruralhealthinc.org)

Call: 618-833-4471

Services: All ages

Anna Location  
513 N. Main St.  
Anna, IL 62906  
Phone: 618-833-4471

Vienna Location  
803 N. 1st St.  
Vienna, IL 62995  
Phone: 618-658-2811

Metropolis Location  
1003 E. 5th St.  
Metropolis, IL 62960  
Phone: 628-524-7499

## Two Rivers Child Advocacy Center

[tworiverscac.org](http://tworiverscac.org)

Call: 618-833-7470

Services: Youth who have experienced childhood abuse

109 Denny Dr.  
Anna, IL 62906

# Substance Use Treatment Services

Prevention, intervention, treatment, and recovery support services for individuals with Substance Use Disorders, those in recovery, and those at risk

## Outpatient Services

### **Arrowleaf**

[myarrowleaf.org](http://myarrowleaf.org)

Call: 618-658-3079

24/7 Crisis Line: 618-658-2611

Services: Ages 12+

Alexander County Office  
1401 Washington Ave.  
Cairo, IL 62914

Johnson County Office  
300 Redbud Ln.  
Vienna, IL 62995

Union County Office  
204 South St.  
Anna, IL 62906

*Additional locations  
available*

### **Centerstone**

[centerstone.org](http://centerstone.org)

Call: 855-608-3560

24/7 Crisis Line: 855-985-0911

Services: Ages 12+

Administrative Office  
200 N. Emerald Ln.  
Carbondale, IL 62901  
Multiple Sites Available

### **Christopher Rural Health**

[crhpc.org](http://crhpc.org)

Call: 618-273-2951

Services: Adults

1401 US Hwy 45 N  
Eldorado, IL 62930

### **Community Health & Emergency Services (CHESI)**

[chesi.org](http://chesi.org)

Call: 1-877-692-4374

Services: Youth and Adults

Cairo Megaclinic  
13245 Kessler Road  
Cairo, IL 62914

Cedar Court Clinic  
1340 Cedar Court  
Carbondale, IL 62901

Hardin County Medical  
IL Route 146 Building 2  
Elizabethtown, IL 62931

Pope County Clinic  
217 S. Adams  
Golconda, IL 62938

Harrisburg Community Health Center  
205 North Main Street  
Harrisburg, IL 62946

Pulaski Clinic  
100 Market Street  
Pulaski, IL 62976

Tamms Community Health Center  
290 Railroad Street  
Tamms, IL 62988

### **Egyptian Mental Health**

[egyptian.org](http://egyptian.org)

Call: 618-273-3326

Services: Ages 12+

Main Office  
1412 US 45N  
Eldorado, IL 62930  
Phone: 618-273-3326

Multiple Sites Available

### **The Hour House**

[hourhourecovery.org](http://hourhourecovery.org)

Call: 217-348-8108

Services: Ages 12+

635 Division St.  
Charleston, IL 61920

### **Massac Mental Health**

[mcmhc.com](http://mcmhc.com)

Call: 800-851-1251

24/7 Crisis Line: 618-524-9368

Services: Ages 12+

206 W. Fifth St.  
Metropolis, IL 62960

### **New Season: Cape Girardeau Metro Treatment Center**

[newseason.com](http://newseason.com)

Call: 877-284-7074

Services: Adults

760. S. Kingshighway  
Suite F  
Cape Girardeau, MO 63703

### **The WISH (Women & Infants Substance Help) Center**

[ssmhealth.com](http://ssmhealth.com)

Call: 314-768-8230

Services: Pregnant women with substance use disorder

1035 Bellevue Ave.  
Suite #205  
St. Louis, MO 63117

# Substance Use Treatment Services

Prevention, intervention, treatment, and recovery support services for individuals with Substance Use Disorders, those in recovery, and those at risk

## Residential/Inpatient Services

### **Brentwood Springs**

[brentwoodsprings.com](http://brentwoodsprings.com)

Call: 812-858-7200

Services: Youth and Adults

4488 Roslin Rd.  
Newburgh, IN 47630

### **CenterPointe Hospital**

[centerpointehospital.com](http://centerpointehospital.com)

Call: 800-345-5407

Services: Youth and Adults

4801 Weldon Spring Pkwy  
St. Charles, MO 63304

### **Centerstone Fellowship House Campus**

[centerstone.org](http://centerstone.org)

Call: 877-467-3123

Services: Adults

800 N. Main St.  
Anna, IL 62906

### **Chesnut Health Systems**

[chesnut.org](http://chesnut.org)

Call: 618-397-0900 or  
618-877-4420

Services: Youth and Adults

12 N. 64th St.  
Belleville, IL 62223

50 N. Gate Industrial Dr.  
Granite City, IL 62040

### **Comprehensive Connections**

[compconnect.org](http://compconnect.org)

Call: 618-242-1510

Services: Adults

16338 N. IL Hwy 37  
Mt. Vernon, IL 62864

### **Gateway Foundation Drug and Alcohol Treatment**

[gatewayfoundation.org](http://gatewayfoundation.org)

Call: 877-381-6538

Services: Youth and Adults

1080 E. Park St.  
Carbondale, IL 62901

### **The Pavilion**

[pavilionhospital.com](http://pavilionhospital.com)

Call: 800-373-1700

Services: Youth and Adults

809 W. Church St.  
Champaign, IL 61820

### **Union County Hospital**

[unioncountyhospital.com](http://unioncountyhospital.com)

Call: 618-833-4511

Services: Adults

517 N. Main St.  
Anna, IL 62906



# Family & Recovery Support Groups

Recovery-oriented care and recovery support systems help people with substance use disorders manage their conditions successfully.

## Hardin County

**Hardin County Gargoyle**  
TUES @ 7PM  
United Methodist Church  
303 Fifth St.  
Rosiclare, IL 62982  
Phone: 618-285-6914

## Johnson County

**The Renegades Group**  
MON @ 7PM  
First Baptist Church  
608 W. Main Street  
Goreville, IL  
Phone: 618-995-2127

## Massac County

**AA**  
MON & FRI @ 8PM  
Metropolis Library  
317 Metropolis St.  
Metropolis, IL 62960  
618-524-4312

TUES @ 6PM  
Riverview Mansion  
205 Metropolis St.  
Metropolis, IL 62960  
618-524-5328

**SMART Recovery**  
WED @ 4:30PM  
MCDAC Office  
209 W. 10<sup>th</sup> St.  
Metropolis, IL 62960  
618-524-1393

**Life Recovery**  
SUN @ 5PM  
Eastland Life Church  
716 E. 3<sup>rd</sup> St.  
Metropolis, IL 62960  
618-524-1062

## Pope County

**Golden Circle Office**

**AA-Men's**  
TUES @ 6PM

**AA - Women's**  
TUES @ 6PM  
217 Adams St.  
Golconda, IL 62938  
Phone: 618-253-9163



## Union County

**Celebrate Recovery**  
Anna Heights Baptist Church  
Family Resource Center  
SAT @ 6:00PM  
100 Turner Ave.  
Anna, IL 62906  
Phone: 618-697-4292

**Christ Centered Women's**  
Recovery Program  
First Baptist church of Dongola  
THURS @ 7:00PM  
1203 E. Cross St.  
Dongola, IL 62926

## Jackson County

**Here's How Group**  
M/T/TH/F @ 12PM  
Gaia House of Interfaith Center  
913 S. Illinois Ave.  
Carbondale, IL 62901  
Phone: 618-549-7387

**The Turning Point Group**  
TUES @ 5:30PM  
Southern Illinois Center for  
Independent Living  
2135 W. Ramada Ln.  
Carbondale, IL 62901  
Phone: 618-457-3318

**A New Way to Fly Group**  
WED @ 7PM  
FRI @ 7 PM  
**Murphysboro Group**  
SAT @ 10AM  
United Methodist Church  
1500 Pine St.  
Murphysboro, IL 62966  
Phone: 618-687-2317

**Wednesday Wonder's Men's**  
Group  
WED @ 7:30PM  
First Presbyterian Church  
310 S. University Ave.  
Carbondale, IL 62901  
Phone: 618-549-2148

**Keep It Simple Sister's**  
(Women)  
THURS @ 5PM  
St. Xavier Catholic Church  
303 S. Poplar St.  
Carbondale, IL 62901  
Phone: 618-457-4556

**"Stepping Stone AFG"**  
WED @ 7PM  
1618 Edith St.  
Murphysboro, IL 62966  
Phone: 618-687-2317

# Family & Recovery Support Groups

Recovery-oriented care and recovery support systems help people with substance use disorders manage their conditions successfully.

## Saline County

**First Presbyterian Church  
Annex "Harrisburg AFG"**

**THUR @ 11AM**

21 W. Locust  
Harrisburg, IL 62946  
Phone: 618-253-8955



## Williamson County

**Fellowship in Christ Church**

**SAT @ 6PM**

1204 Pin Oak Dr.  
Carterville, IL 62918  
Phone: 618-967-9575

**First Christian Church**

**WED @ 6:30PM**

2804 S. Park St.  
Herrin, IL 62948  
Phone: 618-942-2955

**First United Methodist Church**

**FRI @ 7PM**

208 W. Main St.  
Marion, IL 62959  
Phone: 618-993-5421  
\*Note\* Use rear entrance to  
basement

**Friendship Group**

**SUN @ 9AM**

Marion VA Medical Center  
2401 W. Main St.  
Marion, IL 62959  
Phone: 618-997-5311

**Herrin Church of Christ**

**FRI @ 6PM**

3101 S. Park St.  
Herrin, IL 62948  
Phone: 618-942-3413

**Little Egypt Group**

**TUES @ 7PM**

First Presbyterian Church  
421 N. 14th St. Herrin, IL 62948  
Phone: 618-942-6176

**Little Egypt Satellite Group**

**SUN @ 9:30AM**

Herrin Hospital  
201 S. 14th St.  
Herrin, IL 62948  
Phone: 618-942-2171

**Little Egypt Satellite Group**

**THURS @ 7PM**

Helen Honey's Building  
808 E. Herrin St.  
Herrin, IL 62948  
Phone: 618-988-8178

**SOS- Serenity on Saturday**

**SAT @ 7PM**

First United Methodist Church  
208 W. Main St.  
Marion, IL 62959  
Phone: 618-993-5421

## Gamblers Anonymous

[gamblersanonymous.org/ga/](http://gamblersanonymous.org/ga/)

12 step recovery program for individuals with gambling problems.

## Jackson County

**United Methodist Church**

**THURS @ 6PM**

1500 Pine St.  
Murphysboro, IL 62966  
Phone: 618-687-2317

## Massac County

**First United Methodist**

**THURS @ 6PM**

100 E. 5th St.  
Metropolis, IL 62960  
Phone: 618-524-9325

# Emergency Shelters & Domestic Violence Services

## Cairo Women's Shelter

PO Box 911  
Cairo, IL 62914  
Phone: 618-734-4357

Services: Adults and Families experiencing domestic violence. Available 24/7.

## Carbondale Warming Center

[cwcentered.org](http://cwcentered.org)  
608 E. College St.  
Carbondale, IL 62901  
Phone: 314-312-2539

Services: Women, men, and children.

## Christian Community Compassion Center (4Cs)

[4cshbg.org](http://4cshbg.org)  
632 N. Jackson St.  
Harrisburg, IL 62946 US  
Phone: 618-252-2374

Services: Women, men, and children. No couples. Available Monday - Friday.

## Good Samaritan

[goodsamcarbondale.com](http://goodsamcarbondale.com)  
701 S. Marion St.  
Carbondale, IL 62901  
Phone: 618-457-5794

Services: Women, men, and children.

## Guardian Family Services

[guardianfamilyservices.org](http://guardianfamilyservices.org)  
P. O. Box 742  
Metropolis, IL 62960  
Phone: 618-524-4357

Services: Women and children.

## Lifeboat Alliance

[lifeboatalliance.org](http://lifeboatalliance.org)  
1717 Jefferson Ave.  
Mt Vernon, IL 62864  
Phone: 618-244-4088

Services: Women, men, and children.

## The Lighthouse Shelter

[thelighthouseshelter.com](http://thelighthouseshelter.com)  
1101 N. Madison St.  
PO Box 732  
Marion, IL 62959  
Phone: 618-993-8180

Services: Women, men, and children.

## Merryman House - Domestic Crisis Center

[merrymanhouse.org](http://merrymanhouse.org)  
PO Box 98  
Paducah, KY 42002  
Phone: 270-443-6001

Services: Women, men, and families.

## The Night's Shield

[thenightsshield.org](http://thenightsshield.org)  
301 E. Garland St.  
West Frankfort, IL 62896  
Phone: 618-932-6400

Services: Youth and young adults ages 12 - 24.

## River City Mission

[rivercitymission.org](http://rivercitymission.org)  
1466 Bechtold Rd.  
Paducah, KY 42003  
Phone: 270-442-7921

Services: Women, men, and families.

## The Survivor Empowerment Center

[empoweringsurvivors.org](http://empoweringsurvivors.org)  
Carbondale Center  
610 S. Thompson St.  
Carbondale, IL 62901  
Phone: 618-549-4807

Services: All adults and adults with children in Franklin, Gallatin, Jackson, Johnson, Perry, Saline, Williamson, and Union Counties.



# Clothing, Food, & Household Assistance

## Anna First Baptist Church

409 Morgan St.  
Anna, IL 62906  
Phone: 618-833-5416

Services: Union County

Services Provided:  
Drive-thru food pantry

## Arrowleaf

Alexander County Office  
1401 Washington Ave.  
Cairo, IL 62914

Johnson County Office  
101 Oliver St.  
Vienna, IL 62995  
Phone: 618-658-3079

Services: Anyone

Services Provided:  
Client-Choice Food Pantry and  
Community Closet including  
clothing and household items  
as donations allow.

## DCP: The Kitchen Table

1001 Washington Ave.  
Cairo, IL 62914  
Phone: 618-734-0178

Services: Anyone

Services Provided:  
The Kitchen Table is a soup  
kitchen that supplements  
families in need of food.

## Daystar Community Program

909 Washington Ave.  
Cairo, IL 62914  
Phone: 618-734-0178

Services:  
Southern Seven Counties

Services Provided:  
Mobile food pantry, veteran's  
program, outreach, rental  
assistance, and help with  
medical bills. Identification of  
some kind is required for each  
person in the household.

## Dongola First Baptist Church

203 E. Cross St.  
Dongola, IL 62926  
Phone: 618-827-4391

Services: Union County

Services Provided:  
Food Pantry: No restrictions,  
can receive assistance once  
per month. Call Monday before  
the date of pantry and give  
name, phone number, and  
number of people in  
household. All households may  
receive food once a month.

## Faith Alive

112 N. 4th St.  
Vienna, IL 62995  
Phone: 618-658-7110

Services:  
Southern Seven Counties

Services Provided:  
As funds are available, offers  
thrift store, emergency utility  
assistance, and emergency  
food services.

## Feed My Lambs Ministry

818 W. 10th St.  
Metropolis, IL 62960  
Phone: 618-309-2427

Services: Massac County

Services Provided:  
Food pantry

## First Baptist Church of Karnak

309 E. Main St.  
Karnak, IL 62956  
Phone: 618-634-2436

Services: Pulaski County

Services Provided:  
Food pantry

## First Baptist Church of Vienna

301 N. 7th St.  
Vienna, IL 62995  
Phone: 618-658-3741

Services: Johnson County

Services Provided:  
Drive-thru food pantry. Photo  
ID, proof of income, and  
family size needed.

## Good Samaritan

Food Pantry:  
University Baptist Church  
700 S. Oakland St.  
Carbondale, IL 62901  
Phone: 618-457-5794

Soup Kitchen:  
701 S. Marion St.  
Carbondale, IL 62901  
Phone: 618-457-5794

Services: Anyone

Services Provided:  
The food pantry provides  
canned goods and perishables  
to people in need. Area  
churches and civic  
organizations provide food and  
augment federal commodities.  
The soup kitchen provides  
nutritionally balanced meals  
served three times a day, every  
day of the year, to residents of  
the emergency shelter as well  
as people from the community  
who are hungry.



# Clothing, Food & Household Assistance

## Golden Circle

217 S. Adams St.  
Golconda, IL 62938  
Phone: 618-683-7741

Services: Adults starting at 60 years & disabled 18+

Services Provided:  
Offers home-delivered meals, legal assistance, in-home services, congregated meals, arranges transportation through RIDES for the senior center, and assists in managing senior health insurance programs.

## Goreville Ministerial Alliance

114 S. Broadway St.  
Goreville, IL 62939  
Phone: 618-995-9360

Services: Goreville Area

Services Provided:  
Food pantry and thrift store. Nominal charges with waivers for emergencies

## Jesus Es El Senor Methodist Church

7780 Old Highway 51N  
Cobden, IL 62920  
Phone: 618-893-2050

Services: Anyone

Services Provided:  
Drive-thru Food Pantry and Clothing. May receive food once per month. Spanish speaking available.

## Lighthouse Assembly of God

670 Airport Rd.  
Metropolis, IL 62960  
Phone: 618-524-2256

Services: Massac County

Services Provided:  
Drive-thru Food Pantry; must fill out a waiver and form with current address, phone number, and number in household.

## Potters Church

590 N. Mill St.  
Cave-in-Rock, IL 62919  
Phone: 618-289-4869

Services: Anyone

Services Provided:  
Clothing and food pantry. Need to complete a proxy letter (provided at the pantry) in order to pick up for someone else.

## Salem Lutheran Church

101 E. Market St.  
Jonesboro, IL 62952  
Phone: 618-833-6567

Services: Anyone

Services Provided: Food pantry and free meals

## Salvation Army

906 B Tower Square  
Marion, IL 62959  
Phone:  
618-997-9355 (Thrift Store)  
618-993-5854 (Food Pantry)

Services: Johnson & Williamson Counties

Services Provided:  
Thrift store and curbside food pantry. Need ID and proof of residency. Nominal charges at thrift store. No fees for food pantry.

## Shawnee Development Council

Hardin County Outreach  
147 N. Main St.  
Elizabethtown, IL 62931  
Phone: 618-287-7071

Johnson County:  
530 W. Washington St.  
Karnak, IL 62956

Pope County:  
Housing Community Center  
922 Adams St.  
Golconda, IL 62938

Union County Office  
1000 N. Main St.  
Anna, IL 62906  
Phone: 618-833-7431

Services: Anyone

Services Provided:  
Surplus Food/Commodities Distribution Program

## Southern Pride Senior Program

60 State Route 37N  
Vienna, IL 62995  
Phone: 618-658-9669

Services: Adults age 60 years old and disabled individuals 18+

Services Provided:  
Congregated and home delivered meals, health and fitness programs, in-home respite, benefits applications, home visits, home modifications, nutritional education, transportation services, Medicare Part D assistance, family caregiver assistance, grandparents raising grand-children, etc.

## Weaver Creek Baptist Church

2997 North Ave.  
Metropolis, IL 62960  
Phone: 618-309-5760

Services: Anyone

Services Provided:  
Food pantry



# Medical Services

## Dental Services

**Don Akridge, DDS**  
35 Old Bloomfield Rd.  
Vienna, IL 62995  
Phone: 618-658-9732

**Aspen Dental**  
[aspental.com](http://aspental.com)  
2702 W. Deyoung St.  
Marion, IL 62959  
Phone: 618-993-9092

**Cartersville  
Dental Center**  
[cartersvilledental.com](http://cartersvilledental.com)  
500 Plaza Dr.  
Suite 1  
Cartersville, IL 62918  
Phone: 618-985-4200

**Dogwood  
Dental Care**  
[dogwooddentalcarecarbondale.com](http://dogwooddentalcarecarbondale.com)  
1111 E. Walnut Street  
Suite A1  
Carbondale, IL 62901  
Phone: 618-529-2471

**Dennis Fredrickson, DMD**  
[dentistcarbondale.com](http://dentistcarbondale.com)  
1001 E. Main St. Suite 3A,  
Carbondale, IL 62901  
Phone: 618-457-2522

**Hardin County Dental  
Clinic - CHESI**  
[chesi.org](http://chesi.org)  
226 Main St.  
Rosiclare, IL 62982  
Phone: 618-285-3930

**Hughes Dental Arts Centre**  
[hughesdentalarts.com](http://hughesdentalarts.com)  
504 Rushing Dr.  
Herrin, IL 62948  
Phone: 618-993-3100

**Jammie Stricklin, DDS**  
300 Small Street #D  
Harrisburg, IL 62946  
Phone: 618-252-1725

**Jennifer Mihalopulos,  
DMD, CHTD**  
[smilesbydrjenny.com](http://smilesbydrjenny.com)  
420 Robinson Circle  
Carbondale, IL 62901  
Phone: 618-529-2212

**John Shelton, DMD**  
[johnsheltondentistry.com](http://johnsheltondentistry.com)  
1015 Market St.  
Metropolis, IL 62960  
Phone: 618-386-5336

**Marion Dentures & Dental**  
210 E. Deyoung St.  
Marion, IL 62959  
Phone: 618-993-7505

**Marion Family Dentistry**  
[marionfamilydentistry.com](http://marionfamilydentistry.com)  
1504 Sioux Dr.  
#5209  
Marion, IL 62995  
Phone: 618-997-0127

**Massie Dental**  
[massiedental.com](http://massiedental.com)  
200 N. Giant City Rd.  
Carbondale, IL 62902  
Phone: 618-529-2711

**Mowery Family Dentistry**  
310 Lick Creek Rd.  
Anna, IL 62906  
Phone: 618-833-2411

**Robin Wetherell, DMD**  
805 N. 1st. St.  
Vienna, IL 62995  
Phone: 618-658-8361

**Rural Health Inc.**  
[ruralhealthinc.com](http://ruralhealthinc.com)  
513 N. Main St.  
Anna, IL 62906  
Phone: 618-833-4475

**Shawnee Health Service**  
[shawneehealth.com](http://shawneehealth.com)  
402 S. Lewis Ln.  
Carbondale, IL 62901  
OR  
6115 Williamson County Pkwy  
Marion, IL 62959  
Phone: 618-519-9200

**SIU Dental  
Hygiene Clinic**  
1365 Douglas Dr.  
Carbondale, IL 62901  
Phone: 618-453-8826

**University Place Dental**  
[universityplacedental.com](http://universityplacedental.com)  
1366 E. Main St.  
Carbondale, IL 62901  
Phone: 618-549-0208



# Medical Services

## Vision Services

### Brush Optometrist

[brushoptical.com](http://brushoptical.com)  
801 Market St  
Metropolis, IL 62960  
Or  
1003 W. Vine St, Suite C  
Vienna, IL 62995  
Phone: 618-524-9323

### Complete Family Eyecare

[brushoptical.com](http://brushoptical.com)  
3121 S Park Ave  
Herrin, IL 62948  
Phone: 618-942-5465

### Crabtree Family Optometry

[crabtreefamilyoptometry.com](http://crabtreefamilyoptometry.com)  
1508 N. Sioux Dr.  
Marion, IL 62959  
Phone: 618-993-8787

### Marion Eye Center

[marioneye.com](http://marioneye.com)  
Anna Location  
165 Plaza Dr.  
Anna, IL 62906  
Phone: 618-833-8359

Carbondale Location  
1001 N. Beadle Dr.  
Carbondale, IL 62901  
Phone: 618-549-2282

Harrisburg Location  
5 Eye Center Dr.  
Harrisburg, IL 62946  
Phone: 618-252-5377

Herrin Location  
321 S. Park Ave.  
Herrin, IL 62948  
Phone: 618-942-2900

Marion Location  
1200 W. Deyoung St.  
Marion, IL 62959  
Phone: 618-993-5686

Vienna Location  
1801 E. 5th St.  
Vienna, IL 62995  
Phone: 618-658-2195

### Moreland Eye Care

[morelandeyecare.com](http://morelandeyecare.com)  
Anna Location  
100 Peach Ridge Rd.  
Anna, IL 62906  
Phone: 618-833-9208

Herrin Location  
3121 S. Park Ave.  
Herrin IL 62948  
Phone: 618-942-5465

### Vision Works / Doctors of Optometry

[visionworks.com](http://visionworks.com)  
3910 Hinkleville Rd  
Paducah, KY 42001  
Phone: 270-443-2090

3042 William St  
Cape Girardeau, MO 63701  
Phone: 573-339-2008

## Hospitals

### Baptist Health

[baptisthealth.com](http://baptisthealth.com)  
2501 Kentucky Ave.  
Paducah, KY 42003  
Phone: 270-575-2100

### Carbondale Memorial Hospital

[sih.net](http://sih.net)  
405 W. Jackson St  
Carbondale, IL 62901  
Phone: 618-549-0721

### Ferrell Hospital

[ferrellhosp.org](http://ferrellhosp.org)  
1201 Pine St.  
Eldorado, IL 62930  
Phone: 618-273-3361

### Mercy Hospital Southeast

[sehealth.org](http://sehealth.org)  
1701 Lacy St.  
Cape Girardeau, MO 63701  
Phone: 573-334-4822

### Hardin County General Hospital

[ilhcggh.org](http://ilhcggh.org)  
6 Ferrell Rd.  
Rosiclare, IL 62982  
Phone: 618-285-6634

### Harrisburg Medical Center

[harrisburgmc.com](http://harrisburgmc.com)  
100 Dr. Warren Tuttle Dr.  
Harrisburg, IL 62946  
Phone: 618-253-7671

### Mercy Health - Lourdes

[mercy.com](http://mercy.com)  
1530 Lone Oak Rd.  
Paducah, KY 42003  
Phone: 270-444-2444

### St. Francis Medical Center

[sfmc.net](http://sfmc.net)  
211 Saint Francis Dr.  
Cape Girardeau, MO 63703  
Phone: 573-331-3000

### Deaconess Illinois Medical Center

[deaconessillinoismedicalcenter.com](http://deaconessillinoismedicalcenter.com)  
3333 W. Deyoung St.  
Marion, IL 62959  
Phone: 618-998-7000

### Herrin Hospital - SIH

[sih.net](http://sih.net)  
201 S. 14th St.  
Herrin, IL 62948  
Phone: 618-942-2171

### Massac Memorial Hospital

[massachealth.org](http://massachealth.org)  
28 Chick St.  
Metropolis, IL 62960  
Phone: 618-427-2680

### Deaconess Illinois Union County

[deaconessillinoisunioncounty.com](http://deaconessillinoisunioncounty.com)  
517 N. Main St.  
Anna, IL 62906  
Phone: 618-833-4511

# Medical Services

## Primary Care

### **CHESI Clinic**

[chesi.org](http://chesi.org)

Cairo Megaclinic  
13245 Kessler Rd.  
Cairo, IL 62914  
Phone: 618-734-4400

Hardin County Medical  
IL Route 146  
Building 2  
Elizabethtown, IL 62931  
Phone: 618-285-6215

Pope County Clinic  
106 N. Market St.  
Golconda, IL 62938  
Phone: 618-683-8022

Pulaski County Clinic  
37 Rustic Campus Dr.,  
Building B  
Ullin, IL 62992  
Phone: 618-634-9405

Tamms Health Center  
290 Railroad St.  
Tamms, IL 62988  
Phone: 618-747-2391

### **Christopher Rural Health - Eldorado**

[crhpc.org](http://crhpc.org)

1401 US Hwy 45 North  
Eldorado, IL 62930  
Phone: 618-273-2951

### **Hardin County General Hospital - Clinic**

[ilhcggh.org](http://ilhcggh.org)

6 Ferrell Rd.  
Rosiclare, IL 62982  
Phone: 618-285-6634

### **Massac Memorial Clinic**

[massahealth.org](http://massahealth.org)

1204 W. 10th St.  
Metropolis, IL 62960  
Phone: 618-524-3572

### **Rural Health**

[ruralhealthinc.org](http://ruralhealthinc.org)

Anna Clinic (Main Site)  
513 N. Main St.  
Anna, IL 62906  
Phone: 618-833-4471

Dongola Medical Clinic  
318 N. Old Hwy 51  
Dongola, IL 62926  
Phone: 618-827-3545

Goreville Medical Clinic  
211 N. Broadway  
Goreville, IL 62939  
Phone: 618-995-1002

Metropolis Clinic  
1003 E. 5th St.  
Metropolis, IL 62960  
Phone: 618-524-7499

Vienna Medical Clinic  
803 N. 1st St.  
Vienna, IL 62995  
Phone: 618-658-2811

### **Shawnee Health Service**

[shawneehealth.com](http://shawneehealth.com)

400 S. Lewis Ln.  
Carbondale, IL 62901

1006 S. Division St.  
Carterville, IL 62918

3111 Williamson County  
Pkwy.  
Marion, IL 62959

Phone: 618-519-9200

### **Southern Illinois Healthcare - SIH**

[sih.net](http://sih.net)

Herrin Location  
405 Rushing Dr.  
Herrin, IL 62948  
Phone: 618-993-3300

Anna Location  
98 Peach Ridge Rd.  
Anna, IL 62906  
Phone: 618-614-1400

Harrisburg Location  
117 E. Clark St.  
Harrisburg, IL 62946  
Phone: 618-252-8625

Carrier Mills Location  
7211 US Hwy 45S  
Carrier Mills, IL 62917  
Phone: 618-294-8246



# Transportation Services

## **RIDES Mass Transit**

[ridesmtd.com](http://ridesmtd.com)

Schedule a Ride:

844-220-1243

Services: Hardin, Pope, Saline,  
and Gallatin Counties

Administration Office

30 Veterans Dr.

Harrisburg, IL 62946

Phone: 618-253-8761

Fax: 618-252-2754

Saline County Call Center

1310 Frank Leberman Rd.

Harrisburg, IL 62946

Phone: 618-252-4662

Fax: 618-252-2168

## **Shawnee Mass Transit**

[shawneemtd.com](http://shawneemtd.com)

Schedule a Ride:

866-577-6278

Services: Alexander, Johnson, Massac,  
Pulaski, and Union Counties

100-102 Smart Dr.

Vienna, IL 62995

## **South Central Transit**

[southcentraltransit.org](http://southcentraltransit.org)

1616 East McCord St.

Centralia, IL 62801

Phone: 618-532-8076

Hours of Availability: 8 AM to 4 PM

Services: Washington, Marion, Jefferson,  
Clinton, Franklin, and Perry Counties



# Veteran Affairs, Organizations, and Posts

Locations attuned to caring for, supporting, and providing resources to individuals that have graciously and selflessly served in the United States military

## American Legion

### **Gallatin County**

Post 0585  
380 Lincoln Blvd E  
Shawneetown, IL 62984  
Phone: 618-269-3023

Post 0595  
186 W. Lane St.  
Equality, IL 62934  
Phone: 618-276-4604

### **Massac County**

Post 0306  
321 Market Street  
Metropolis, IL 62960  
Phone: 618-524-2043

### **Pope County**

Post 0719  
PO Box 24  
Golconda, IL 62938-0024  
Phone: 618-521-2850

### **Union County**

Post 0344  
PO Box 24  
Anna, IL 62906-0024

Post 0259  
PO Box 466  
Cobden, IL 62920-0466

[www.legion.org](http://www.legion.org)

## Veterans of Foreign Wars Posts

### **Johnson County**

Post 5222 Beggs-Gurley  
102 8th Street  
Vienna, IL 62995  
Phone: 618-658-4931

### **Pulaski County**

Post 8891 Pulaski County  
Memorial Post  
316 S. Blanche Street  
Mounds, IL 62964  
Phone: 618-306-2948

### **Saline County**

Post 3479 Saline  
1201 Veterans Drive  
Eldorado, IL 62930  
Phone: 618-273-9497

### **Union County**

Post 3455 Carroll P. Foster  
70 VFW Lane  
Anna, IL 62906-3012  
Phone: 618-833-5182

### **Williamson County**

Post 9763 Creal Springs  
Memorial Post  
16217 Sulphur Springs Rd.  
Creal Springs, IL 62922  
Phone: 618-996-2032

[www.vfw.com](http://www.vfw.com)

## Medical and Aging

### **Cape Girardeau VA Health Care Center**

711 S. Mt Auburn Rd  
Cape Girardeau, MO 63701  
Phone: 573-686-4151

### **Harrisburg VA Community Based Outpatient Clinic**

608 Rollie Moore Dr.  
Harrisburg, IL 62946  
Phone: 618-252-6150

### **Illinois Veterans Home of Anna**

792 N. Main St.  
Anna, IL 62906  
Phone: 618-833-6302

### **Marion VA Medical Center**

2401 Main St.  
Marion, IL 62995  
Phone: 618-997-5311

[www.va.gov](http://www.va.gov)

## Other Resources

### **Cape Girardeau**

Office of Military and  
Veterans Services  
1 University Plaza  
Cape Girardeau, MO 63701  
Phone: (573) 651-2263  
[www.semo.edu/student-support/veterans//](http://www.semo.edu/student-support/veterans//)

Veteran's Service Office  
2400 Veterans Memorial Dr  
Cape Girardeau, MO 63701  
Phone: (573) 290-5752  
[mvc.dps.mo.gov](http://mvc.dps.mo.gov)

### **Jackson County**

This Able Veteran  
1714 Wolf Creek Rd.  
Carbondale, IL 62901  
Phone: (618) 964-1162  
[www.thisableveteran.org](http://www.thisableveteran.org)

### **McCracken County**

Project Diehard  
2780 New Holt Rd.  
Paducah, KY 42001  
Phone: (270) 366-6189  
[www.projectdiehard.org](http://www.projectdiehard.org)

### **Williamson County**

Illinois Amvets Veterans  
Center - Post 31  
2403 W. Main St  
Marion, IL 62959  
[www.ilamvets.org](http://www.ilamvets.org)

### Illinois Veterans Affairs Department

2309 W. Main St  
Marion, IL 62959  
Phone: (618) 997-3309  
[www.va.gov](http://www.va.gov)

## Referral Form

Complete information requested below and select any/all services you may be interested in receiving. Submit completed form by any of the following options:

Once a referral submission has been received, you will receive a response within 48 business hours. If you feel that you need immediate assistance, please contact Arrowleaf at its 24/7 Crisis Hotline at 618-658-2611 or call 988 or 911.

Drop off/mail to either location:

Arrowleaf  
101 Oliver St.  
Vienna, IL 62995  
Phone: 618-658-3079  
Fax: 618-658-2501

Arrowleaf  
300 Red Bud Ln.  
Vienna, IL 62995  
Phone: 618-658-3079  
Fax: 618-658-2759

Submit electronically via email to: [info@myarrowleaf.org](mailto:info@myarrowleaf.org)

Submit electronically via website submission at:  
<https://myarrowleaf.org/southern-illinois-community-resource-guide>

**NAME:** \_\_\_\_\_ **DATE OF REFERRAL:** \_\_\_\_\_

**PHONE NUMBER:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

**PARENT/GUARDIAN NAME (OPTIONAL):** \_\_\_\_\_

**PARENT/GUARDIAN PHONE NUMBER (OPTIONAL):** \_\_\_\_\_

**SERVICE REFERRED TO/INTERESTED IN:** \_\_\_\_\_

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