

## Massac County

### Daycare

#### **West End Kids Academy**

135 Memorial Drive, Paducah, Kentucky (270) 443-4117

#### **Funshine Daycare Center**

1106 E. 7<sup>th</sup> Street, Metropolis, Illinois (618) 524-7400

#### **Southern Seven Headstart**

416 E. 9<sup>th</sup> Street, Metropolis, Illinois (618) 524-5222

#### **Early Learning Academy**

1920 N. 13<sup>th</sup> Street, Paducah, Kentucky (270) 444-8883

#### **Harvest Kids Christian Daycare**

3250 Steele Road, West Paducah, Kentucky (270) 709-1925

#### **Hopes & Dreams Child Development**

139 Concord Avenue, Paducah, Kentucky (270) 534-0044

#### **Iem Daycare**

1409 Broadway Street, Paducah, Kentucky (270) 534-5167

#### **Kiddie Kottage**

1915 Husband Road, Paducah, Kentucky (270) 415-0604

#### **First Christian Church Preschool**

415 Audubon Drive, Paducah, Kentucky (270) 443-0513

#### **Massac County Pre-Kindergarten**

416 E. 9<sup>th</sup> Street, Metropolis, Illinois (618) 524-2444

#### **Kids Kare West**

5051 Village Square Drive, Paducah, Kentucky (270) 441-7580

#### **Explore Learning Academy**

2122 Broadway Street, Paducah, Kentucky (270) 331-6743

**Mt. Zion Preschool Center**

9701 Blandville Road, West Paducah, Kentucky (270) 554-0518

**West End County Day Preschool**

2500 Holt Road, Paducah, Kentucky (270) 554-7199

**Playcare Learning Center Broadway**

1225 Broadway Street, Paducah, Kentucky (270) 709-3023

**Care Bears**

1315 Park Avenue, Paducah, Kentucky (270) 441-7354

**Homelessness**

**Unite Way- Paducah- McCracken**

333 Broadway Street Ste 502, Paducah, Kentucky (270) 442-1691

**Paducah Cooperative Ministry**

402 Legion Drive, Paducah, Kentucky (270) 442-6795

**Community Kitchen**

1237 Martin Luther King Jr Drive, Paducah (270) 575-3400

**Map Training Center**

504 E. 7<sup>th</sup> Street, Karnak, Illinois (618) 634-9401

**Food Stamp**

**Massac County Department of Human Services Family Community Resource Center**

2301 Metropolis Street, Metropolis, Illinois (618) 524-2631

## **Clothing**

### **Back of the Closet**

205 W. 6<sup>th</sup> Street, Metropolis, Illinois (618) 524-3551

### **Chrixander's Consignment**

618 Market Street, Metropolis, Illinois (618) 309-3994

### **Super Thrifty Deals**

309 Ferry Street, Metropolis, Illinois (618) 309-1954

### **Plato's Closet Paducah**

2909 James Sanders Blvd, Paducah, Kentucky (270) 575-0506

### **Top Quality Consignment**

3333 Irvin Cobb Drive Ste 105, Paducah, Kentucky (270) 575-3833

### **Goodwill**

2560 Lone Oak Road, Paducah, Kentucky (270) 554-9298

### **Between Friends Consignment, LLC**

533 Lone Oak Road, Paducah, Kentucky (270) 554-8790

### **Second Time Around**

717 Jefferson Street, Paducah, Kentucky (270) 442-5979

### **Salvation Army Thrift Store**

3100 Irvin Cobb Drive, Paducah, Kentucky (270) 443-8231

### **St. Vincent De Paul Budget Store**

2025 Cairo Road, Paducah, Kentucky (270) 442-9351

### **Kid's Sweet Repeats**

3500 James Sanders Blvd, Paducah, Kentucky (270) 933-1475

### **Encore Consignment**

408 Broadway Street, Paducah, Kentucky (270) 415-5499

## **Public Housing**

### **Massac County Housing Authority**

1209 East 5<sup>th</sup> street PO Box 528 Metropolis, IL (618) 524-8411

## **Public Transportation**

### **Shawnee Transit**

100 Smart Drive, Vienna, Illinois (866) 577-6278

### **Paducah Area Transit System**

850 Harrison Street, Paducah, Kentucky (270) 444-5648

## **Public Utilities**

### **Fort Massac Water District**

813 Joppa Road, Metropolis, Illinois (618) 543-7475

### **Massac County Soil & Water**

1438 W. 10<sup>th</sup> Street, Metropolis, Illinois (618) 524-9367

### **Southern Illinois Electric Cooperative**

7420 US Highway 51s Dongola, Illinois (618) 827-3555

### **Reed Electric Heating & Air electrician**

201 W 10<sup>th</sup> Street, Metropolis, Illinois (618) 524-7545

### **Liberty Utilities**

615 East 10<sup>th</sup> Street Metropolis, Illinois (618) 524-3798

### **Russell Electric electrician**

5370 Industrial Park Drive, Metropolis, Illinois (618) 524-9406

## **Food Pantries**

### **COPE**

1013 North Ave, Metropolis, IL 62960

Phone: 618-524-3635, Contact: Gene Tilker, barnes4240@yahoo.com

Hours of operation: Monday, Wednesday, Friday 9:00 am – 3:00 pm

- Serving Massac County
- Photo ID and Proof of residency
- Must meet income guidelines for senior box program
- Food pantry

### **Emmanuel Temple Ministries**

509 Broadway, Metropolis, IL 62960

Phone: 618-638-4071

Hours of operation: 2nd Tuesday of the month, either noon – 2:00 pm or 2:00 – 4:00 pm

- Please provide contact information so pantry can let client know when it will be open
- If there is a food emergency, please call and make an appointment
- Food pantry

### **Feed My Lambs Ministry – Grace Church**

102 E 20th Street, Metropolis, IL 62960

Phone: 618-309-2427, 618-309-2562, Contact: Pat Davis, patdavis789@yahoo.com

Hours of operation: Last Saturday of the month 10:00 am – 3:00 pm

- Will operate as needed
- Food pantry

### **Lighthouse Assembly of God**

670 Airport Rd, Metropolis, IL 62960, Phone: 618-524-2256

Hours of operation: 2nd and 4th Tuesday evenings 6:00 – 7:30 pm

- Drive-thru Food pantry
- Must fill out form with current address, phone number, and number in household

## **Counseling**

### **Massac County Mental health & Family Counseling Center**

206 West Fifth Street, Metropolis, IL (618) 524-9368

### **Sunflower Counseling LLC, Jennifer (Roberts) Jarrett**

2500 Holt Road, Paducah, Kentucky (270) 455-1972

### **Andrew Williams Counseling**

2138 Broadway, Paducah, Kentucky (270) 709-0170

### **Giles Professional Counseling & Consulting**

2500 Holt Road, Paducah, Kentucky (270) 212-4734

### **Southfork Counseling**

2500 Holt Road, Paducah, Kentucky (270) 489-7384

### **Compass Counseling LLC**

2204 Kentucky Avenue, Paducah, Kentucky (270) 777-4490

### **Psychological Associates of Paducah**

2315 Broadway Street, Paducah, Kentucky (270) 442-8785

### **Four Rivers Behavioral Health**

425 Broadway Street, Paducah, Kentucky (270) 908-0526

### **Progressive Wellness Counseling**

4777 Alben Barkley Drive, Paducah, Kentucky (270) 534-1400

## **Physicians**

### **O'Bryan Family Medicine**

5120 Village Square Drive Ste 103, Paducah, KY (270) 442-0240

### **Thomas Staton, MD**

1203 W. 10<sup>th</sup> Street, Metropolis, Illinois (618) 524-3795

### **Jonathan Walters**

28 Chick Street Ste 100, Metropolis, Illinois (618) 524-2176

### **James Hawkins, MD**

1204 W. 10<sup>th</sup> Street, Metropolis, Illinois (618) 524-3572

### **Altug M V MD**

1238 Commercial Park Road, Metropolis, IL (618) 524-2284

### **Healthworks Family Medicine**

2331 New Holt Road, Paducah, Kentucky (270) 441-4777

### **Dr. Enrique Yap**

5082 Poplar Lane, Metropolis, Illinois (618) 524-9050

### **Dr. Michael L. Kloep**

28 Chick Street, Metropolis, Illinois (618) 524-8427

### **Bluegrass Medical Associates**

2425 new Holt Road, Paducah, Kentucky (270) 554-4820

### **Dr. Lee Meals, MD**

150 Brett Chase Ste B, Paducah, Kentucky (270) 554-4820

### **Bajuyo Benito, MD**

1006 Butler Street, Metropolis, Illinois (618) 524-9232

### **Southern Seven Health Department**

1230 Commerical Park Road, Metropolis, IL (618) 524-2657

## **Dentist**

### **Kyle Heine, DMD**

44 Jon Street, Metropolis, Illinois (618) 524-7303

### **John H. Shelton, DMD**

1015 Market Street, Metropolis, IL (618) 524-8011

### **Cunningham Dental**

4570 Pecan Dr. Ste B, Paducah, Ky (270)366-0735

### **Bohle Family Dentistry**

1836 Broadway Street, Paducah, Ky (270) 442-0256

### **Paducah Dental Care**

5154 Village Square Drive, Paducah, Ky (270) 444-6414

### **Redenour Bruce Dds**

20 Jon Street, Metropolis, IL (618) 524-7790

### **Bryan Robert H DMD**

805 Market Street, Metropolis IL (618) 524-5800

### **Freeman Dental PLLC Paducah**

4616 Village Square Drive, Paducah, Ky (270) 444-6080

### **Rural Health INC**

1003 E. 5<sup>th</sup> Street, Metropolis, IL (618) 524-7499

### **Aspen Dental**

5183 Hinkleville Road, Paducah, Ky (270) 679-0488

### **Wortham Dental Care**

408 S. 28<sup>th</sup> Street, Paducah, Ky (270) 444-4041

### **Holland Dental Care**

80 Lakeview Drive, Paducah, Ky (270) 534-4887



## **Optometrist**

### **Brush Optical: Gary T. Brush OD**

1801 E. 5<sup>th</sup> Street, Metropolis, IL (618) 524-9323

### **West End Eye Care**

4570 Pecan Dr. Ste C, Paducah, Ky (270) 558-4741

### **Clarkson Eyecare**

1748 Broadway Street, Paducah, Ky (270) 443-9955

### **Keene Eyewear**

2408 New Holt Road, Paducah, Ky (270) 442-2020

### **Visionworks Doctors of Optometry**

3910 Hinkleville Road, Paducah, Ky (270) 443-2090

### **Dr. Canaan Montgomery**

2559 New Holt Road, Paducah, Ky (270) 558-4741

### **LensCrafters**

5101 Hinkleville Road, Paducah, Ky (270) 442-7222

### **Beliles Chris Od**

5130 Hinkleville Road, Paducah, KY (270) 443-0401

### **Landon Meeks, MD**

4630 Village Square Drive, Paducah, KY (270) 442-1671

### **Sam's Club Optical Center**

3550 James Sanders Blvd, Paducah, Ky (270) 444-6950

### **Pearle Vision**

214 Clarence Gaines Street, Paducah, Ky (270) 444-9641

### **Walmart Vison & Glasses**

3220 Irvin Cobb Drive, Paducah, KY (270) 444-7824

## **OBGYN**

### **Sugata Sensarma, MD**

1920 Broadway Street, Paducah, KY (270) 442-3647

### **Katherine Pryse Williamson, DO**

2605 Kentucky Avenue Ste 301, Paducah, KY (270) 443-1220

### **Mercy Health- Paducah Obstetrics and Gynecology**

1532 Lone Oak Road, Paducah, Ky (270) 538-5700

### **Jorge M Cardenas, Md**

2311 Kentucky Avenue, Paducah, KY (270) 443-8425

### **Gynecology Associates**

423 S. 28<sup>th</sup> Street, Paducah, Ky (270) 442-7181

### **Dr. Gary T. England**

2603 Kentucky Avenue, Paducah, KY (270) 442-5102

### **Baptist Health Paducah Women's Services**

2501 Kentucky Avenue, Paducah, Ky (270) 575-2100

### **Thomas Jenkins, MD**

2605 Kentucky Avenue, Paducah, KY (270) 415-8965

### **Rural Health INC**

1003 E. 5<sup>th</sup> street, Metropolis, IL (618) 524-7499

### **Scott Joyner, DO**

3408 Office Park Drive, Marion, IL (618) 997-5266

### **Michael Schifano, DO**

3408 Office Park Drive, Marion, Il (844) 872-6249

### **Elisabeth Beyer Nolen, MD**

3408 Office Park Drive Marion, IL (844) 872-6249

### **Southern Illinois OB-GYN Associates**

500 Rushing Drive, Herrin, IL (618) 998-8808

## **STD Testing**

### **Southern Seven Health Department**

1230 Commercial Park Road, Metropolis, IL (618) 524-2657

## **Treatment for Substance Addiction**

### **Massac County Mental Health**

206 West 5<sup>th</sup> Street, Metropolis, IL (618) 524-9368

### **Journeypure**

2500 Holt Road, Paducah, KY (270) 201-5141 open 24 Hrs.

### **Crossroads**

3227 Coleman Road, Paducah, KY (800) 805-6989

### **The Alcohol Rehab Center Paducah**

Open 24Hrs. (844) 332-5362

### **Lifeline Recovery Center**

2806 Morgan Lane, Paducah, KY (270) 443-4743

### **ICC Inpatient Substance Abuse Treatment**

1530 Lone Oak Road Ste 773, Paducah, Ky (866) 861-0642

### **Centerpoint Recovery Center**

1905 Kentucky Avenue, Paducah, Ky (270) 444-3640

### **Ladies Lifeline Connection**

530 County Park Road, Paducah, Ky (270) 443-9300

### **Turning Point Recovery Community Center**

415 Broadway Street, Paducah, KY (270) 444-3621

### **Four Rivers Behavioral Health**

304 s. 17<sup>th</sup> Street, Paducah, Ky (270) 442-8039