

# Ballard County

## Daycare

### Gentle Shepherd Daycare

858 Veterans Ave, Kevil WEBSITE

### Kids Kare

Child care & day care 858 Veterans Ave, Kevil (270) 462-4411 WEBSITE

### Angela's Daycare

527 37th St, Cairo (618) 734-9041

### Cairo Headstart

Preschool 4115 Sycamore St Ste. B, Cairo (618) 734-4220 WEBSITE

### Mounds Center Headstart

Child care & daycare, Preschool 327 N Reader, Mounds (618) 745-6703

### Carlisle County Preschool Head Start

4557 State Route 1377 Bardwell, KY (270) 628-3800

### Kids Kare

110 Noah CV. Paducah, KY (270) 534-0801

### Kids Care West

5051 Village Square Dr. Paducah, KY (270) 441-7580

### Creative Minds Development

2901 Ohio St. Paducah, KY (270) 908-9840

### Munchkin Land Child Development

521 College Ave. Paducah, KY (270) 534-1011

### Kiddie Kottage

1915 Husband Rd. Paducah, KY (270) 415-0604

### Playcare Learning Centers

5550 Reidland Rd. Paducah, KY (270) 534-5597

## Homeless Assistance

### PCM Shelter For the Homeless

300 Ella Dr. Paducah

(270) 444-0005

WEBSITE

### Cairo Women's Shelter

911 Cedar St, Cairo

(618) 734-4357

### Graves County Mayfield Mission Shelter

410 W Water St, Mayfield

(270) 247-1142

### The People's Shelter

500-534 North St, Cape Girardeau

### Paducah Cooperative Ministry

402 Legion Dr, Paducah

(270) 442-6795

## Food Stamps

### Ballard County CHFS Office

115 North 4th Street Wickliffe, KY

(855) 306-8959

## Clothing

### Bella's Boutique

111 E Clay St, Clinton, KY

(270) 356-0775

### Kings Clothes & Other Things Inc.

373 Front St, Bardwell

(270) 628-9826

### Miss Ariel's Attic

5140 Turner Landing Rd Hwy 310, La Center

(248) 318-8366

**Top Quality Consignment**

3333 Irvin Cobb Dr. Ste. 105, Paducah

(270) 575-3833

**Plato's Closet Paducah**

2909 James Sanders Blvd Paducah, KY

(270) 575-0506

**Goodwill Opportunity Center**

2560 Lone Oak Rd. Paducah, KY

(270) 554-9298

**Salvation Army Thrift Store**

3100 Irvin Cobb Dr. Paducah, KY

(270) 443-8231

**Between Friends Consignment, L.L.C.**

533 Lone Oak Rd, Paducah, KY

(270) 554-8790

## Utilities

**Cairo Public Utility Company**

1100 Commercial Ave, Cairo

(618) 734-3200

**Bardwell Utilities**

225 Front St, Bardwell

(270) 628-3833

**Wickliffe City Water Department**

321 Court St, Wickliffe

(270) 335-3557

**New Commonwealth Natural Gas**

311 Court St, Wickliffe

(800) 221-7948

**Ballard County**

437 Ohio St, Wickliffe

(270) 335-5176

**Mound City Water Department**

501 1<sup>st</sup> St. Mounds, IL

(618) 745-6114

**Milburn Water district**

RR1, Arlington, Ky. (270) 694-6241

**Bailey Electric**

205 Country Club Est, La Center, KY (270) 665-9290

**West McCracken Water District**

8020 Ogden Landing Road, West Paducah, KY (270) 442-3337

**Ledbetter Water District**

1483 US Highway 60 W. Ledbetter, KY (270) 898-3236

**South West Ky. LP Gas**

Highway 123 N. Sedalia, KY (270) 653-4143

## **Public Housing/Low-income Apartments**

**Colony House Apartments, Ltd**

S 6th St Barlow, KY (844) 493- 8053

**Ballard Senior Apts.**

307 Lake Drive Barlow, KY

**Liberty Manor Apts.**

526 Phillips Drive Wickliffe, KY (270) 335- 3686

**Bardwell Manor Apartments**

208 Cheatham St, Bardwell KY (270) 628-3900

**Crestview Apartments**

50 4th St, Arlington KY (270) 655-2100

**West Park Village Apartments**

2601 W Park Dr. Paducah, KY (270) 628-3822

**Garland Manor apartments**

215 Road St. Bardwell, KY

(270) 628-3822

## Transportation

**Paducah Area Transit**

270-444-8700

<http://www.paducahtransit.com>

**Ballard County Senior Citizens**

270-334-3116 elderly

no charge, donations accepted

**Paducah Area Transit System**

Bus service 850 Harrison St, Paducah

(270) 444-8700

**LYFT service**

Minimum fare \$4.10 Cost per mile \$1.59

Cost per minute \$.021

## Food Pantries

**Mayfield-Graves County Need Line and Food Pantry**

424 S 9th St, Mayfield

(270) 247-6333

**Paducah Cooperative Ministry**

402 Legion Dr. Paducah

(270) 442-6795

**Family Service Society**

827 Joe Clifton Dr. Paducah, KY

(270) 443-4838

**Living County Helping Hands**

Smithland, KY

(270) 928-3383

## **Pennyrile Livingston County**

Smithland, KY (270) 928-2827

## **St. Vincent De Paul Helpline and Food Pantry**

Paducah, KY (270) 442-9351

## **Counseling**

### **Southfork Counseling**

Psychologist 2500 Holt Rd, Paducah (859) 489-7384

### **First Step Counseling**

120 Brett Chase Ste. A, Paducah (270) 519-1284

### **Family Counseling Center Inc.**

802 E School St, Karnak (618) 634-9269

### **Giles Professional Counseling & Consulting**

2500 Holt Rd, Paducah (270) 212-4734

### **Andrew Williams Counseling**

2138 Broadway Paducah, KY (270) 709-0170

### **Compass Counseling LLC**

2204 Kentucky Ave. Paducah, KY (270) 777-4490

### **Sherry Bone Christian Counseling**

4630 Village Square Dr. Paducah, KY (270) 642-2659

### **Essential Peace Counseling LLC**

1550 Falcons Ridge Blvd Paducah, KY (708) 280-2068

### **Millstone Counseling Center**

4001 Hansen Rd. Paducah, KY (270) 554-9216

### **Smalley Family Counseling**

131 Nahm St. Paducah, KY (270) 443-9285

## Doctor/ Physician

### **Danny N Butler MD & Associates**

Internal medicine      134 Phillips Dr. Wickliffe      (270) 335-3335

### **KentuckyCare**

Medical Center      120 N 4th St, Barlow      (270) 334-3131

### **DAVID ZETTER**

Family Practice      100 STATE ROUTE 80 E, ARLINGTON      (270) 655-6231

### **Reed, Joyce M, DO**

Family practice      105 N Main St, Charleston      (573) 683-4010

### **Brian Hawkins MD**

Emergency Medicine,      150 Broadway, La Center

### **Danece Curtis, family nurse practitioner**

family practice, 426 S. Blanche St., Mounds      (618) 745-6894

### **Tanya Vargas**

Pediatrician, 13245 Kessler Road, Cairo      (618) 734-4400

### **Dr. Christopher Lynn Sperry**

Family practice, 225 Medical Center Rd. Ste. 304, Paducah      (270) 538-5596

### **Baptist Health Medical Group**

Internal Medicine, 2605 Kentucky Ave. Medical Park 3. St. Paducah      (270) 575-5990

### **Dr. Polly Johnson Lebuhn**

Internal Medicine, 225 Medical Center Dr. Ste. 201, Paducah      (270) 444-4250

### **Mercy Health**

Family Practice, 225 Medical Center Dr. Paducah (270) 538-7170

**Dr. Kyle Turnbo**

Internal Medicine, 5600 Hobbs Rd., Kevil (270) 441-6266

**Robert James Learch, DO**

Internal Medicine, 2605 Kentucky Ave. Medical Park 3 (270) 575-5990

## Dentist

### FREE OR LOW-COST CLINIC

#### KENTUCKY CHFS-PURCHASE DISTRICT HEALTH DEPARTMENT

916 Kentucky Ave, Paducah, KY (270) 444-9631

**Ballard Family Dentistry**

148 E Kentucky Dr., La Center (270) 665-9557

**Boyd John A DDS**

268 US Highway 62, Bardwell (270) 628-3512

**Broadway Dental Care**

130 Lone Oak Rd Ste. 125, Paducah (270) 443-9099

**Paducah Dental Care**

5154 Village Square Dr., Paducah (270) 444-6414

**Wise Dentistry for Kids**

105 Medical Park Dr. Ste. 1, Campbellsville, KY (270) 469-1403

**Dr. Mahmoud K. Jallad**

13245 Kessler Rd, Cairo, IL (618) 734-4400

**Woodyard Dental Care**

4915 Village Square Dr. Paducah, KY (270) 213-6620

**White & White Family Dental**

6045 Kentucky Dam Rd. Paducah, KY (270) 355-7599



## Optometrist

### Marion Eye Center

117 N Main St, Charleston (573) 683-2020 WEBSITE

### Keene Eyewear

2408 New Holt Rd, Paducah (270) 442-2020 WEBSITE

### Clarkson Eyecare

1748 Broadway St, Paducah (270) 443-9955 WEBSITE

### Clarkson Eyecare

60 Lakeview Dr. Ste. 2, Paducah (270) 554-2000 WEBSITE

### Gary T Brush OD

Optometrist 1801 E 5th St, Metropolis (618) 524-9323

### Paducah Eye Care Associates

467 Jourdan Dr Ste 101 Paducah

### Four Rivers Vision Therapy

2859 N. Friendship Rd. Paducah (270) 557-7650

### Sheridan Bridges OD

1400 Commonwealth Dr. Mayfield (270) 247-2417

### Success Vision Express

467 Jourdan Dr. Ste. 102 Paducah (270) 220-2020

### Lens Crafters

5101 Hinkleville Rd. Paducah (270) 442-7222

### Mansfield Eye Clinic

5101 Hinkleville Rd. Ste. 490 Paducah (270) 442-7222

## Pregnancy

- HOPE UNLIMITED CRISIS PREGNANCY CENTER

1101 Jefferson St.  
Paducah, KY 42001  
270-442-1166  
[hopeunlimitedfcc.org](http://hopeunlimitedfcc.org)

### **KentuckyCare**

120 N 4th St, Barlow (270) 334-3131 Website

### **Contemporary OBGYN of Western Kentucky**

Obstetrician & gynecologist 2605 Kentucky Ave Ste. 103, Paducah (270) 444-9199 WEBSITE

### **Matthew L. Sublette, MD**

Obstetrician & gynecologist 2605 Kentucky Ave Ste. 301, Paducah (270) 443-1220 WEBSITE

### **Jonathan Weeks, MD**

Obstetrician & gynecologist 2605 Kentucky Ave Ste. 102, Paducah (270) 415-8965

### **Baptist Health Paducah Women's Services**

2501 Kentucky Ave, Paducah (270) 575-2100

### **Amber D Savells, MD**

Obstetrician & gynecologist 2605 Kentucky Ave Ste. 301, Paducah (270) 443-1220 WEBSITE

### **Contemporary OBGYN of Western Kentucky**

2605 Kentucky Ave Ste. 103, Paducah (270) 444-9199 WEBSITE

### **Paducah Women's Clinic**

Doctor 2311 Kentucky Ave, Paducah (270) 443-8425 Website

### **Mercy Health - Paducah Obstetrics and Gynecology**

1532 Lone Oak Rd, Paducah (270) 538-5700

### **Gynecology Associates**

423 S 28<sup>th</sup> St. Paducah (270) 442-7181

**Sugata Sensarma, MD**

Obstetrician 2605 Kentucky Ave. Ste. 102, Paducah (270) 442-3647

**Women's Specialty Clinic**

164 Mount Pelia Rd. Martin, TN (731) 587-8155

**Mercy Health Marshall Obstetrician**

83 Wellness Way Benton, KY (270) 539-7220

## **STD TESTING**

**Kentucky Care 21-Bardwell**

75 E Court St, Bardwell (270) 628-3333 WEBSITE

**KentuckyCare**

120 N 4th St, Barlow (270) 334-3131

**Ballard County Health Department**

198 Bluegrass Dr., La Center (270) 665-5432

## Substance Use

### Drug and Alcohol Abuse

1401 Washington Ave, Cairo (618) 734-2665 WEBSITE

### Drug and Alcohol Abuse

13245 Kessler Rd, Cairo (618) 734-4400 WEBSITE

### Four Rivers Behavioral Health

Counseling & mental health 425 Broadway St, Paducah (270) 908-0526

### Fancy Farm Substance Abuse Services

(608) 729-8088 45 Monroe St Fancy Farm, KY 42039

### Tamms Substance Abuse Services

(267) 638-6647 601 3rd St. Tamms, IL

### Substance Abuse Solutions

(270) 804-7306 110 Arbor Ridge Dr. Mayfield, KY 42066

### Substance Abuse and Mental Health Helpline - SAMHSA

Website (800) 662-4357 Barlow Area

### Discovery Point Retreat Detox & Treatment Center

(855) 399-9237 Serving the Barlow Area OPEN 24 Hours

### Selffind

Website (270) 441-0030 220 Berger Rd Paducah, KY

### Terrell, Vicki

Counseling Services Drug Abuse & Addiction Centers (270) 443-0096 4625 Falconcrest Dr. Paducah,

### Western Kentucky Regional Mental Health

(270) 442-7121 425 Broadway St Ste. 201 Paducah, KY

### West Ky Drug & Alcohol Intervention Service

Website (270) 247-4212 1325 State Route 45 N Mayfield, KY

**Hunter, Sarah**

Counseling Services Drug Abuse & Addiction Centers (270) 443-0096 4625 Falconcrest Dr. Ste. A

**Centerpoint Recovery Center for Men**

Website (270) 444-3640 530 County Park Rd Paducah, KY OPEN 24 Hours

**Pinnacle Treatment Centers**

Website (270) 356-1460 107 W Broadway Mayfield, KY 42066

**Doublin, Jackie**

Counseling Services Drug Abuse (270) 443-0096 4625 Falconcrest Dr. Ste. A Paducah, KY

**Cumberland Heights Alcohol**

(270) 554-9228 320 Susan Ln Paducah, KY

**Gordana Unici, MA**

Counseling Services Drug Abuse (270) 442-8039 425 Broadway St Ste. 201 Paducah, KY

**Anthony B Collins, LCSW**

Drug Abuse & Addiction Centers (270) 442-7121 425 Broadway St Ste. 201 Paducah, KY

**Drug and alcohol West KY**

(270) 247-4212 120 N 9th St Mayfield, KY

**Al-Anon Family Groups**

Website (530) 376-0159 Serving the Barlow Area

