Ballard County

Daycare

Gentle Shepherd Daycare

858 Veterans Ave, Kevil	WEBSITE		

Kids Kare

Child care & day care	858 Veterans Ave, Kevil	(270) 462-4411	WEBSITE

Angela's Daycare

527 37th St, Cairo	(618) 734-9041		

Cairo Headstart

Preschool	4115 Sycamore St Ste. B, Cairo	(618) 734-4220	WEBSITE

Mounds Center Headstart

Child care & daycare, Preschool	327 N Reader, Mounds	(618) 745-6703	

Carlisle County Preschool Head Start

4557 State Route 1377	Bardwell, KY	(270) 628-3800	

Kids Kare

110 Noah CV.	Paducah, KY	(270) 534-0801	

Kids Care West

5051 Village Square Dr.	Paducah, KY	(270) 441-7580	

Creative Minds Development

2901 Ohio St.	Paducah, KY	(270) 908-9840	

Munchkin Land Child Development

521 College Ave.	Paducah, KY	(270) 534-1011	

Kiddie Kottage

1915 Husband Rd.	Paducah, KY	(270) 415-0604	

Playcare Learning Centers

5550 Reidland Rd.	Paducah, KY	(270) 534-5597	

Homeless Assistance

PCM Shelter For the Homeless

300 Ella Dr. Paducah (270) 444-0005 WEBSITE

Cairo Women's Shelter

911 Cedar St, Cairo (618) 734-4357

Graves County Mayfield Mission Shelter

410 W Water St, Mayfield (270) 247-1142

The People's Shelter

500-534 North St, Cape Girardeau

Paducah Cooperative Ministry

402 Legion Dr, Paducah (270) 442-6795

Food Stamps

Ballard County CHFS Office

115 North 4th Street Wickliffe, KY (855) 306-8959

Clothing

Bella's Boutique

111 E Clay St, Clinton, KY (270) 356-0775

Kings Clothes & Other Things Inc.

373 Front St, Bardwell (270) 628-9826

Miss Ariel's Attic

5140 Turner Landing Rd Hwy 310, La Center (248) 318-8366

Top Quality Consignment

3333 Irvin Cobb Dr. Ste. 105, Paducah (270) 575-3833

Plato's Closet Paducah

2909 James Sanders Blvd Paducah, KY (270) 575-0506

Goodwill Opportunity Center

2560 Lone Oak Rd. Paducah, KY (270) 554-9298

Salvation Army Thrift Store

3100 Irvin Cobb Dr. Paducah, KY (270) 443-8231

Between Friends Consignment, L.L.C.

533 Lone Oak Rd, Paducah, KY (270) 554-8790

Utilities

Cairo Public Utility Company

1100 Commercial Ave, Cairo (618) 734-3200

Bardwell Utilities

225 Front St, Bardwell (270) 628-3833

Wickliffe City Water Department

321 Court St, Wickliffe (270) 335-3557

New Commonwealth Natural Gas

311 Court St, Wickliffe (800) 221-7948

Ballard County

437 Ohio St, Wickliffe (270) 335-5176

Mound City Water Department

501 1st St. Mounds, Il (618) 745-6114

Milburn Water district

RR1, Arlington, Ky. (270) 694-6241

Bailey Electric

205 Country Club Est, La Center, KY (270) 665-9290

West McCracken Water District

8020 Ogden Landing Road, West Paducah, KY (270) 442-3337

Ledbetter Water District

1483 US Highway 60 W. Ledbetter, KY (270) 898-3236

South West Ky. LP Gas

Highway 123 N. Sedalia, KY (270) 653-4143

Public Housing/Low-income Apartments

Colony House Apartments, Ltd

S 6th St Barlow, KY (844) 493- 8053

Ballard Senior Apts.

307 Lake Drive Barlow, KY

Liberty Manor Apts.

526 Phillips Drive Wickliffe, KY (270) 335- 3686

Bardwell Manor Apartments

208 Cheatham St, Bardwell KY (270) 628-3900

Crestview Apartments

50 4th St, Arlington KY (270) 655-2100

West Park Village Apartments

2601 W Park Dr. Paducah, KY (270) 628-3822

Garland Manor apartments

215 Road St. Bardwell, KY (270) 628-3822

Transportation

Paducah Area Transit

270-444-8700 http://www.paducahtransit.com

Ballard County Senior Citizens

270-334-3116 elderly no charge, donations accepted

Paducah Area Transit System

Bus service 850 Harrison St, Paducah (270) 444-8700

LYFT service

Minimum fare $4.10 Cost per mile $1.59 Cost per minute $.021

Food Pantries

Mayfield-Graves County Need Line and Food Pantry

424 S 9th St, Mayfield (270) 247-6333

Paducah Cooperative Ministry

402 Legion Dr. Paducah (270) 442-6795

Family Service Society

827 Joe Clifton Dr. Paducah, KY (270) 443-4838

Living County Helping Hands

Smithland, KY (270) 928-3383

Pennyrile Livingston County

Smithland, KY (270) 928-2827

St. Vincent De Paul Helpline and Food Pantry

Paducah, KY (270) 442-9351

Counseling

Southfork Counseling

Psychologist 2500 Holt Rd, Paducah (859) 489-7384

First Step Counseling

120 Brett Chase Ste. A, Paducah (270) 519-1284

Family Counseling Center Inc.

802 E School St, Karnak (618) 634-9269

Giles Professional Counseling & Consulting

2500 Holt Rd, Paducah (270) 212-4734

Andrew Williams Counseling

2138 Broadway Paducah, KY (270) 709-0170

Compass Counseling LLC

2204 Kentucky Ave. Paducah, KY (270) 777-4490

Sherry Bone Christian Counseling

4630 Village Square Dr. Paducah, KY (270) 642-2659

Essential Peace Counseling LLC

1550 Falcons Ridge Blvd Paducah, KY (708) 280-2068

Millstone Counseling Center

4001 Hansen Rd. Paducah, KY (270) 554-9216

Smalley Family Counseling

131 Nahm St. Paducah, KY (270) 443-9285

Doctor/ Physician

Danny N Butler MD & Associates

Internal medicine 134 Phillips Dr. Wickliffe (270) 335-3335

KentuckyCare

Medical Center 120 N 4th St, Barlow (270) 334-3131

DAVID ZETTER

Family Practice 100 STATE ROUTE 80 E, ARLINGTON (270) 655-6231

Reed, Joyce M, DO

Family practice 105 N Main St, Charleston (573) 683-4010

Brian Hawkins MD

Emergency Medicine, 150 Broadway, La Center

Danece Curtis, family nurse practitioner

family practice, 426 S. Blanche St., Mounds (618) 745-6894

Tanya Vargas

Pediatrician, 13245 Kessler Road, Cairo (618) 734-4400

Dr. Christopher Lynn Sperry

Family practice, 225 Medical Center Rd. Ste. 304, Paducah (270) 538-5596

Baptist Health Medical Group

Internal Medicine, 2605 Kentucky Ave. Medical Park 3. St. Paducah (270) 575-5990

Dr. Polly Johnson Lebuhn

Internal Medicine, 225 Medical Center Dr. Ste. 201, Paducah (270) 444-4250

Mercy Health

Family Practice, 225 Medical Center Dr. Paducah (270) 538-7170

Dr. Kyle Turnbo

Internal Medicine, 5600 Hobbs Rd., Kevil (270) 441-6266

Robert James Learch, DO

Internal Medicine, 2605 Kentucky Ave. Medical Park 3 (270) 575-5990

Dentist

FREE OR LOW-COST CLINIC

KENTUCKY CHFS-PURCHASE DISTRICT HEALTH DEPARTMENT

916 Kentucky Ave, Paducah, KY (270) 444-9631

Ballard Family Dentistry

148 E Kentucky Dr., La Center (270) 665-9557

Boyd John A DDS

268 US Highway 62, Bardwell (270) 628-3512

Broadway Dental Care

130 Lone Oak Rd Ste. 125, Paducah (270) 443-9099

Paducah Dental Care

5154 Village Square Dr., Paducah (270) 444-6414

Wise Dentistry for Kids

105 Medical Park Dr. Ste. 1, Campbellsville,KY (270) 469-1403

Dr. Mahmoud K. Jallad

13245 Kessler Rd, Cairo, IL (618) 734-4400

Woodyard Dental Care

4915 Village Square Dr. Paducah, KY (270) 213-6620

White & White Family Dental

6045 Kentucky Dam Rd. Paducah, KY (270) 355-7599

Optometrist

Marion Eye Center

117 N Main St, Charleston	(573) 683-2020	WEBSITE

Keene Eyewear

2408 New Holt Rd, Paducah	(270) 442-2020	WEBSITE

Clarkson Eyecare

1748 Broadway St, Paducah	(270) 443-9955	WEBSITE

Clarkson Eyecare

60 Lakeview Dr. Ste. 2, Paducah	(270) 554-2000	WEBSITE

Gary T Brush OD

Optometrist	1801 E 5th St, Metropolis	(618) 524-9323

Paducah Eye Care Associates

467 Jourdan Dr Ste 101	Paducah	

Four Rivers Vison Therapy

2859 N. Friendship Rd.	Paducah	(270) 557-7650

Sheridan Bridges OD

1400 Commonwealth Dr.	Mayfield	(270) 247-2417

Success Vision Express

467 Jourdan Dr. Ste. 102	Paducah	(270) 220-2020

Lens Crafters

5101 Hinkleville Rd.	Paducah	(270) 442-7222

Mansfield Eye Clinic

5101 Hinkleville Rd. Ste. 490	Paducah	(270) 442-7222

Pregnancy

- HOPE UNLIMITED CRISIS PREGNANCY CENTER

  1101 Jefferson St.
  Paducah, KY 42001
  270-442-1166
  hopeunlimitedfcc.org

KentuckyCare

120 N 4th St, Barlow (270) 334-3131 Website

Contemporary OBGYN of Western Kentucky

Obstetrician & gynecologist 2605 Kentucky Ave Ste. 103, Paducah (270) 444-9199 WEBSITE

Matthew L. Sublette, MD

Obstetrician & gynecologist 2605 Kentucky Ave Ste. 301, Paducah (270) 443-1220 WEBSITE

Jonathan Weeks, MD

Obstetrician & gynecologist 2605 Kentucky Ave Ste. 102, Paducah (270) 415-8965

Baptist Health Paducah Women's Services

2501 Kentucky Ave, Paducah (270) 575-2100

Amber D Savells, MD

Obstetrician & gynecologist 2605 Kentucky Ave Ste. 301, Paducah (270) 443-1220 WEBSITE

Contemporary OBGYN of Western Kentucky

2605 Kentucky Ave Ste. 103, Paducah (270) 444-9199 WEBSITE

Paducah Women's Clinic

Doctor 2311 Kentucky Ave, Paducah (270) 443-8425 Website

Mercy Health - Paducah Obstetrics and Gynecology

1532 Lone Oak Rd, Paducah (270) 538-5700

Gynecology Associates

423 S 28th St.	Paducah	(270) 442-7181
Sugata Sensarma, MD		
Obstetrician	2605 Kentucky Ave. Ste. 102, Paducah	(270) 442-3647
Women's Specialty Clinic		
164 Mount Pelia Rd.	Martin, TN	(731) 587-8155
Mercy Health Marshall Obstetrician		
83 Wellness Way	Benton, KY	(270) 539-7220

STD TESTING

Kentucky Care 21-Bardwell		
75 E Court St, Bardwell	(270) 628-3333	WEBSITE
KentuckyCare		
120 N 4th St, Barlow	(270) 334-3131	
Ballard County Health Department		

198 Bluegrass Dr., La Center (270) 665-5432

Substance Use

Drug and Alcohol Abuse

1401 Washington Ave, Cairo (618) 734-2665 WEBSITE

Drug and Alcohol Abuse

13245 Kessler Rd, Cairo (618) 734-4400 WEBSITE

Four Rivers Behavioral Health

Counseling & mental health 425 Broadway St, Paducah (270) 908-0526

Fancy Farm Substance Abuse Services

(608) 729-8088 45 Monroe St Fancy Farm, KY 42039

Tamms Substance Abuse Services

(267) 638-6647 601 3rd St. Tamms, IL

Substance Abuse Solutions

(270) 804-7306 110 Arbor Ridge Dr. Mayfield, KY 42066

Substance Abuse and Mental Health Helpline - SAMHSA

Website (800) 662-4357 Barlow Area

Discovery Point Retreat Detox & Treatment Center

(855) 399-9237 Serving the Barlow Area OPEN 24 Hours

Selfrefind

Website (270) 441-0030 220 Berger Rd Paducah, KY

Terrell, Vicki

Counseling Services Drug Abuse & Addiction Centers (270) 443-0096 4625 Falconcrest Dr. Paducah,

Western Kentucky Regional Mental Health

(270) 442-7121 425 Broadway St Ste. 201 Paducah, KY

West Ky Drug & Alcohol Intervention Service

Website (270) 247-4212 1325 State Route 45 N Mayfield, KY

Hunter, Sarah

Counseling Services Drug Abuse & Addiction Centers (270) 443-0096 4625 Falconcrest Dr. Ste. A

Centerpoint Recovery Center for Men

Website (270) 444-3640 530 County Park Rd Paducah, KY OPEN 24 Hours

Pinnacle Treatment Centers

Website (270) 356-1460 107 W Broadway Mayfield, KY 42066

Doublin, Jackie

Counseling Services Drug Abuse (270) 443-0096 4625 Falconcrest Dr. Ste. A Paducah, KY

Cumberland Heights Alcohol

(270) 554-9228 320 Susan Ln Paducah, KY

Gordana Unici, MA

Counseling Services Drug Abuse (270) 442-8039 425 Broadway St Ste. 201 Paducah, KY

Anthony B Collins, LCSW

Drug Abuse & Addiction Centers (270) 442-7121 425 Broadway St Ste. 201 Paducah, KY

Drug and alcohol West KY

(270) 247-4212 120 N 9th St Mayfield, KY

Al-Anon Family Groups

Website (530) 376-0159 Serving the Barlow Area