Alexander County Illinois

Daycare

Cairo Headstart

4115 Sycamore St Ste. B, Cairo (618) 734-4220 WEBSITE

Angela's Daycare

527 37th St, Cairo (618) 734-9041

Mounds Center Headstart

327 N Reader, Mounds (618) 745-6703 WEBSITE

Kids Kare

858 Veterans Ave, Kevil, KY (270) 462-4411

Egyptian Pre-Kindergarten

20023 Diswood Rd., Tamms, IL (618) 776-5875

SIMELTON, ERNESTINE M

Cairo, IL 62914 (618) 734-0744

SMITH, CLEMENTIN L

Cairo, IL 62914 (618) 306-0440

STANBACK, PETRIE E

Cairo, IL 62914 (618) 559-4220

Little Bulldogs Child Care Center

307 N Prairie St, Sikeston (573) 472-6468

Shelters

Cairo Women's Shelter

Cairo, IL 62914 618-734-4357 homeless shelter for women and children who are victims of domestic violence

East Prairie Housing Authority East Prairie

East Prairie, MO (573) 649-3010 Listing Location: 19.23 miles from Cairo

Safe House for Women - Emergency Shelter (for Women And Children)

Cape Girardeau, MO (573) 651-1614 Listing Location: 28.33 miles from Cairo

Shawnee Development Council

Phone: 618/634-2201

Counties Served: Alexander, Hardin, Johnson, Massac, Pope, Pulaski, Union

Used Clothing

G& L Clothing

1212 Washington Ave, Cairo (618) 734-9281 WEBSITE

Blended Boutique & Consignment

202 S Main St, Charleston (573) 524-8014 WEBSITE

Kings Clothes & Other Things INC

373 Front St, Bardwell (270) 628-9826 WEBSITE

Back of the Closet

205 W 6th St, Metropolis (618) 524-3551 WEBSITE

Once Upon A Child - Cape Girardeau, MO

760 S Kingshighway St, Cape Girardeau (573) 803-5437

Plato's Closet

257 N. Kingshighway St., Cape Girardeau (573) 803-4-45

Plato's Closet Paducah

2909 James Sanders Blvd, Paducah (270) 575-0506

Utilities

Cairo Public Utility Company

1100 Commercial Ave, Cairo (618) 734-3200 WEBSITE

Mound City City Water Department

501 1st St, Mounds (618) 745-6114

Wickliffe City Water Department

Water supplier 321 Court St, Wickliffe (270) 335-3557

New Commonwealth Natural Gas

311 Court St, Wickliffe (800) 221-7948 WEBSITE

Mound City Municipal Service

204 Main St, Mound City (618) 748-9112

Illinois-American Water Co

Ohio Street Cairo, IL

McClure East Water District

Illinois 146 McClure, IL

Southwater INC

Sandy Creek Road Tamms, IL

Ameren Illinois

300 Liberty Peoria, IL www.ameren.com

Southern Illinois Electric Cooperative

7420 U.S Highway 51 South Dongola, IL (618) 827-3555

Champion Energy Services Public Utility Company

1100 Commercial Avenue Cairo, IL (618) 734-3200

Food Stamps

DHS Family Community Resource Center in Pulaski County

1401 Washington Avenue Cairo IL 62914

Public Housing

Alexander County Housing Authority

1101 Ohio St, Cairo	(618) 734-1910	WEBSITE

Pulaski County Housing Authority

130 Richland Terrace, Mounds	(618) 745-6330	WEBSITE

Charleston Housing Authority

700 S Elm St, Charleston	(573) 683-2172

Colony House Apartments

100 Colony House Dr., Barlow	(270) 334-3148	WEBSITE

Illmo Housing Authority

103 W Hickory Dr., Scott City	(573) 264-2161	WEBSITE

Little Egypt Apartments

310 18th St Cairo, IL – 62914

Delta Apartments

1207 Commercial Av Cairo, IL – 62914

Little Egypt Housing CO Keyhole to Opportunity

1600 Yost Drive, Cairo, IL

McBride Place

700 Elmwood Place Cairo, IL

Scattered Sites

430 14th St. Cairo, IL

Connell F Smith Building

1101 Ohio St. Cairo, IL

Cedar Villa Apartments

4th And Missouri Tamms, IL

Tamms Front Street Apartments

500 Front St., Tamms, IL

Food Pantries

Arrowleaf

1401 Washington Ave, Cairo, IL 62914

Phone: 618-734-2665, Contact: Sherrie Crabb, info@myarrowleaf.org

Hours of operation: Monday-Friday 8:30 am – 4:30 pm, Closed on State/Federal Holidays

• Client Choice Pantry

• Currently only 1 visit to the pantry per household per month until supplies increase

• Alexander & Pulaski Counties are the PRIMARY focus with Hardin, Johnson, Pope, Massac, and Union Counties as a secondary focus

Daystar Community Program

909 Washington Ave, Cairo, IL 62914

Phone: 618-734-0178 or 618-734-9441, Contact: Amy Conway, daystarcommunityprogram@gmail.com

Hours of operation: Monday, Tuesday, Thursday 9:30 am – 1:00 pm

• Soup kitchen, mobile food pantry, Veteran's program

• Outreach, rent assistance, help with health care bill

God's House of Blessing

35559 Grapevine Trail, McClure, IL 62957

Contact: Sandy Pulley

Hours of operation: 3rd Friday of the month 10 am – 2 pm

• Must be an Illinois resident

McClure Pentecostal Church

32627 Gladys Ave, McClure, IL 62957

Contact: Robert Smithey 618-697-0433

Hours of operation: Every 3rd Tuesday of the month 2:00 – 5:30 pm, within a 25-mile radius

• Food Pantry only

• Request name and phone number

• Will service Alexander and Pulaski Counties

In case of emergency call the contact number

The Kitchen Table

1001 Washington Ave, Cairo, IL 62914

Phone: 618-734-0178 or 618-734-9441, Contact: Amy Conway, daystarcommunityprogram@gmail.com

Hours of operation: Tuesday – Friday 11:30 am – 12:30 pm

• Soup kitchen, mobile food pantry, Veterans program

Thebes Food Pantry

413 6th St, Thebes, IL 62990

Phone: 618-764-2658, Contact: Charlotte Woolfe or Stormy Easton, villageofthebes@yahoo.com

Hours of operation: 2nd Wednesday of the month from 10:00 am – 2:00 pm

• No ID/Income/ Residency required

Transportation

Shawnee MTD Public Transportation

Phone: 866.577.6278 711: For Hearing Impaired Email: ride@shawneemtd.com

Counseling

Delta House

Counseling Services (618) 734-1464 2107 Pine St Cairo, IL

Hughes, Tamela M

Counseling Services (618) 734-2665 1404 Washington Ave Cairo, IL

Schoen, Arlene

(618) 734-2665 1401 Washington Ave Cairo, IL

Bailey, Janeice

(618) 734-2665 1401 Washington Ave Cairo, IL

Williams, Bernard

(618) 734-2665 1401 Washington Ave Cairo, IL

Copeland, Vyta

(618) 734-2665 1401 Washington Ave Cairo, IL

Madsen, Ashton

(218) 838-0632 1401 Washington Ave Cairo, IL

Grundy, Rose

(618) 734-2665 1401 Washington Ave Cairo, IL

Puckett-Woods, Bre'anna

(618) 734-2665 1401 Washington Ave Cairo, IL

Linda Poindexter

(618) 734-2660 1401 Washington Ave Cairo, IL

Marcella Fullilove, MS, QMHP

(618) 734-2665 1401 Washington Ave Cairo, IL

Kiana Lea Houston

(314) 357-6031 1401 Washington Ave Cairo, IL

Purchase, Marva

(618) 734-2665 1401 Washington Ave Cairo, IL

Margaret Mckenzie, MPA, QMHP

(618) 734-2665 1401 Washington Ave Cairo, IL

Harlie Bivens, BA, MHP

(618) 734-2665 1401 Washington Ave Cairo, IL

Darlene Childress

(618) 734-4400 13245 Kessler Rd Cairo, IL

Family Counseling Center, Inc.

Website (618) 734-2665 1401 Washington Ave Cairo, IL

Family Counseling Center, INC.

802 E. School St., Karnak, IL (618) 634-9269

Optometrist

Marion Eye Center

117 N Main St, Charleston (573) 683-2020 WEBSITE

Heartland Eyecare

808 E Wakefield Ave, Sikeston (573) 472-2900 WEBSITE

Clarkson Eyecare

60 Lakeview Dr, Ste 2, Paducah (270) 554-2000 WEBSITE

Steven C Barnett OD

106 PLAZA Dr, SIKESTON (573) 471-1814 WEBSITE

Eye Care for You- Alan Branson, OD

1 Doctors Park, Eye Care for You, Cape Girardeau (573) 332-8500

Walmart - Vision Center

5130 Hinkleville Rd, Paducah, KY 42001 (270) 444-6311

Physician

Danny N Butler MD & Associates

Internal medicine 134 Phillips Dr., Wickliffe, KY (270) 335-3335 WEBSITE

DR. MUHAMMAD MEMON

Internal medicine 13245 Kessler Rd, Cairo (618) 734-4400 WEBSITE

DANECE CURTIS, Family Nurse Practitioner

Family practice 426 S Blanche St, Mounds (618) 745-6894

ELISHA HALL- Nurse practitioner

120 N 4th St, Barlow, KY (270) 334-3131

Ferguson Medical Group - Steven L Douglas II MD

Family practice 112 W Commercial St, Charleston, MO (573) 683-4010

Schwab James A MD-peds

Physicians & Surgeons, (618) 734-4400 Cairo, IL 62914

Chandra, Rakesh, MD

Physicians & Surgeons (618) 734-2665 1400 Commercial Ave Cairo, IL

Claravel Criste MD

Physicians & Surgeons (618) 734-4400 13245 Kessler Rd Cairo, IL

Dr. Muhammad Ali Memon, MD

Physicians & Surgeons (618) 734-4400 13245 Kessler Rd Cairo, IL

Sherry MD Jones Facog

Physicians & Surgeons (618) 734-4400 13245 Kessler Rd Cairo, IL

Chesi Cedar Court

Physicians & Surgeons Website (618) 734-4400 13245 Kessler Rd Cairo, IL

Tamms Health Center

290 Railroad St, Tamms (618) 747-2391 WEBSITE

COMMUNITY HEALTH & EMERGENCY SERVICES, INC.

Emergency room 13245 Kessler Rd, Cairo (618) 734-4400

Charleston Family Care

Medical center 400 S Main St, Charleston (573) 683-3739 WEBSITE

ALLISON REICHERT

Doctor 211 MAIN St, MOUND CITY (618) 748-9253

Southern 7 Health Department

Health & medical 3014 Elm St, Cairo (618) 734-4167

Pulaski County Clinic

100 Market St., Pulaski, IL (618) 342-6767

Cape Family Medical Clinic LLC

24 N. Sprigg St., Cape Girardeau, MO (573) 332-7992

Dentists

Ballard Family Dentistry

148 E Kentucky Dr, La Center, KY (270) 665-9557 WEBSITE

Dr. Mahmoud K Jallad

13245 Kessler Rd, Cairo · (618) 734-4400

Dr. Bradley Allen Bader

290 Railroad St, Tamms ,IL (618) 747-2391

Boyd John A DDS

268 US Highway 62, Bardwell, KY (270) 628-3512

Brunk Family Dental Care

805 Market St, Metropolis (618) 940-0542

Cairo Dental Office

(618) 734-4400 13245 Kessler Rd Cairo, IL

Randall Bell

(618) 734-4400 13245 Kessler Rd Cairo, IL

Bradley Allen Bader, DDS

(618) 734-4400 13245 Kessler Rd Cairo, IL

Dr. Amir Namazi, MD

(618) 734-4400 13245 Kessler Rd Cairo, IL

Oasis

Dentists (202) 555-0140 703 Cleveland St Charleston, MO

Chris Thomas Howard, DMD

(270) 665-9557 148 E Kentucky D., La Center, KY

Sparks, Erica R, DDS

(270) 665-9557 148 E Kentucky Dr., La Center, KY

Ballard Family Dentistry

(270) 665-9557 148 E Kentucky Dr. La Center, KY

Boyd John A DDS

(270) 628-3512 268 Us Highway 62 Bardwell, KY

Wetherell Robin A DMD

(618) 658-8361 805 N 1st St Vienna, IL 62995

Harter Family Dental

(573) 837-1890 2857 Independence St Cape Girardeau, MO

Pregnancy

Southern 7 Health Department

3014 Elm St, Cairo (618) 734-4167 WEBSITE

The Resource Pregnancy Center of Sikeston

918 S Kingshighway St, Sikeston (573) 475-9230

Community Health & Emergency

13245 Kessler Rd., Cairo (618) 724-4400

Robbins Robert DO

(573) 683-3739 400 S Main St Charleston, MO

Charleston Family Care

(573) 683-3739 400 S Main St Charleston, MO

Miss Sherry L Jones MD

OB-GYN 13245 Kessler Rd Cairo IL,

Mrs. Carolyn D. Kissiar CNP

37 RUSTIC CAMPUS DRIVE ULLIN IL

Dr. David W Stroud MD

OB-GYN 1013 N Main St Sikeston MO

Dr. Jennifer A Waller MD

1013 N Main St Sikeston MO

Dr. Fallan Nichole Mayabb M.D.

OB-GYN 1013 N MAIN ST SIKESTON MO

Dr. Michael J Jessup MD

OB-GYN 1810 E PLAZA WAY CAPE GIRARDEAU MO

Dr. Kenneth Dale Slack M.D.

211 SAINT FRANCIS DR CAPE GIRARDEAU MO

Dr. Kimberly K Roos MD

150 S Mount Auburn Rd Cape Girardeau

Dr. Wendi M Carns M.D.

OB-GYN 150 S Mount Auburn Rd Cape Girardeau MO

Jessica H Lemmons

150 S Mount Auburn Rd Cape Girardeau

Dr. Naomi Wahl M.D.

OB-GYN 150 S Mount Auburn Rd Cape Girardeau

STD Testing

KentuckyCare

120 N 4th St, Barlow (270) 334-3131 WEBSITE

Southern 7 Health Department

3014 Elm St, Cairo (618) 734-4167 WEBSITE

Pulaski County Clinic

100 Market St, Pulaski (618) 342-6767 WEBSITE

Substance Use

Inpatient Drug Alcohol Rehab Advisers

Charleston, MO (833) 610-1645 Open 24 hours WEBSITE

Inpatient Drug Alcohol Rehab Advisers

Sikeston, MO (888) 509-8951 Open 24 hours WEBSITE

Inpatient Drug & Alcohol Facility

Metropolis, IL (855) 415-2270 WEBSITE

Inpatient Drug Alcohol Rehab Advisers

Metropolis, IL (833) 610-1645 Open 24 hours WEBSITE

Atrium Inpatient Substance Abuse treatment

2605 Kentucky Ave. Ste 240, Paducah (855) 410-4488

Centerpoint Recovery Center

530 County Park Rd., Paducah, KY (270) 444-3640

Drug Rehab Mill Creek

Millcreek, Il (618) 633-3919

Gibson Recovery Center Inc.

213 North Sprigg Street Cape Girardeau, MO 573-651-5434 x159

Community Health and Emergency Services

13245 Kessler Road Cairo, IL. 618-734-4400 x3013 Type of Care: Drug and Alcohol Rehab Services

Family Counseling Center Alexander County Office

Cairo, Illinois

Delta Center

Cairo, Illinois

MASSAC County Mental Health

Metropolis, Illinois